

Your 2022 Word of the Year

Happy New Year! As we turn the page to a new season full of opportunity and potential, what is your hope, your dream, your prayer for the year?

Everywhere we look—on the internet and in the world—we can find advice and ideas for making New Year's resolutions and Pinterest-pretty plans. But what if we're looking in the wrong place as we set our intentions for this new year? What if the life-giving direction we need is right there in God's Word?

What if 2022 could be different?

With Scripture, God gives us the answers we crave as we cling to the hope that this year will be different than the last. So let's turn to His Word as we focus on a direction for the next twelve months rather than resolutions that only last a few days. Let's look to the Lord as we choose one specific theme, one word that will help us intentionally live our faith in 2022.

Let us help you discover a theme from God's Word that will meet you exactly where you are and help you make decisions, manage emotions, and make the best of every day this year.

- Take DaySpring's [Word of the Year quiz](https://www.dayspring.com/yourwordquiz) (<https://www.dayspring.com/yourwordquiz>) to find your 2022 Word of the Year - one word that will help you focus on what God is calling you to accomplish in the year ahead.
- <https://www.wordoftheyear.me/>
- Another way to pick your word...
 - START WITH A QUESTION- Choose one or two of the following questions and jot down the first words that come to mind:
 - What's a goal of yours?
 - Where have you found peace?
 - What is most important to you?
 - What challenge do you want to overcome?
 - What makes you feel loved?
 - What brings you joy?
 - Is there something that you want to let go of?
 - Is there something you want to improve upon?
 - What energizes you or makes you feel like your true self?
 - DEVELOP - What's holding you back from achieving the answers in Step 1? What WORD, as a daily reminder, would help you achieve what you seek from Step 1?
 - For example, if you want to start your own business but have some doubts you'd like to overcome, you could choose a word such as BELIEVE, COURAGE, or IGNITE. If you're feeling overwhelmed, you may choose a reminder like BREATH, STRENGTH, or FAITH.
 - IDENTIFY YOUR WORD - You may have come up with a few words, and that's ok, but what is the one WORD that is the most important, the priority, to begin working on today?
- Other ways to pick your word...
 - Look and listen to what words keep being repeated around you
 - Look at your favorite bible verse and see if there is an inspiring word
 - Pray on it in adoration
 - Ask a faithful friend for help choosing a word