

## Grounded in Hope – Lesson 2

### **Day One**

Acts 17:16 Now while Paul was waiting for them at Athens, his spirit was provoked within him as he saw that the city was full of idols.

Acts 17: 22-31 <sup>22</sup>So Paul, standing in the middle of the Areopagus, said: “Men of Athens, I perceive that in every way you are very religious. <sup>23</sup>For as I passed along, and observed the objects of your worship, I found also an altar with this inscription, ‘To an unknown god.’ What therefore you worship as unknown, this I proclaim to you. <sup>24</sup>The God who made the world and everything in it, being Lord of heaven and earth, does not live in shrines made by man, <sup>25</sup>nor is he served by human hands, as though he needed anything, since he himself gives to all men life and breath and everything. <sup>26</sup>And he made from one every nation of men to live on all the face of the earth, having determined allotted periods and the boundaries of their habitation, <sup>27</sup>that they should seek God, in the hope that they might feel after him and find him. Yet he is not far from each one of us, <sup>28</sup>for ‘In him we live and move and have our being’; as even some of your poets have said, ‘For we are indeed his offspring.’

<sup>29</sup>Being then God’s offspring, we ought not to think that the Deity is like gold, or silver, or stone, a representation by the art and imagination of man. <sup>30</sup>The times of ignorance God overlooked, but now he commands all men everywhere to repent, <sup>31</sup>because he has fixed a day on which he will judge the world in righteousness by a man whom he has appointed, and of this he has given assurance to all men by raising him from the dead.”

Romans 12:2 <sup>2</sup>Do not be conformed to this world<sup>[a]</sup> but be transformed by the renewal of your mind, that you may prove what is the will of God, what is good and acceptable and perfect.

### **Day Two**

Hebrews 1:1-4 <sup>1</sup>In many and various ways God spoke of old to our fathers by the prophets; <sup>2</sup>but in these last days he has spoken to us by a Son, whom he appointed the heir of all things, through whom also he created the world. <sup>3</sup>He reflects the glory of

God and bears the very stamp of his nature, upholding the universe by his word of power. When he had made purification for sins, he sat down at the right hand of the Majesty on high, <sup>4</sup>having become as much superior to angels as the name he has obtained is more excellent than theirs.

Exodus 3:1-10 <sup>3</sup>Now Moses was keeping the flock of his father-in-law, Jethro, the priest of Midian; and he led his flock to the west side of the wilderness, and came to Horeb, the mountain of God. <sup>2</sup>And the angel of the LORD appeared to him in a flame of fire out of the midst of a bush; and he looked, and lo, the bush was burning, yet it was not consumed. <sup>3</sup>And Moses said, “I will turn aside and see this great sight, why the bush is not burnt.” <sup>4</sup>When the LORD saw that he turned aside to see, God called to him out of the bush, “Moses, Moses!” And he said, “Here am I.” <sup>5</sup>Then he said, “Do not come near; put off your shoes from your feet, for the place on which you are standing is holy ground.” <sup>6</sup>And he said, “I am the God of your father, the God of Abraham, the God of Isaac, and the God of Jacob.” And Moses hid his face, for he was afraid to look at God.

<sup>7</sup>Then the LORD said, “I have seen the affliction of my people who are in Egypt, and have heard their cry because of their taskmasters; I know their sufferings, <sup>8</sup>and I have come down to deliver them out of the hand of the Egyptians, and to bring them up out of that land to a good and broad land, a land flowing with milk and honey, to the place of the Canaanites, the Hittites, the Amorites, the Per’izzites, the Hivites, and the Jeb’usites. <sup>9</sup>And now, behold, the cry of the people of Israel has come to me, and I have seen the oppression with which the Egyptians oppress them. <sup>10</sup>Come, I will send you to Pharaoh that you may bring forth my people, the sons of Israel, out of Egypt.”

1 Kings 19:11-13 <sup>11</sup>And he said, “Go forth, and stand upon the mount before the LORD.” And behold, the LORD passed by, and a great and strong wind rent the mountains, and broke in pieces the rocks before the LORD, but the LORD was not in the wind; and after the wind an earthquake, but the LORD was not in the earthquake; <sup>12</sup>and after the earthquake a fire, but the LORD was not in the fire; and after the fire a still small

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voice. <sup>13</sup>And when Eli'jah heard it, he wrapped his face in his mantle and went out and stood at the entrance of the cave. And behold, there came a voice to him, and said, "What are you doing here, Eli'jah?"

Numbers 12:6, 8 <sup>6</sup>And he said, "Hear my words: If there is a prophet among you, I the LORD make myself known to him in a vision, I speak with him in a dream. <sup>8</sup>With him I speak mouth to mouth, clearly, and not in dark speech; and he beholds the form of the LORD. Why then were you not afraid to speak against my servant Moses?"

Hebrews 1:2 <sup>2</sup>but in these last days he has spoken to us by a Son, whom he appointed the heir of all things, through whom also he created the world.

John 1:3 <sup>3</sup>all things were made through him, and without him was not anything made that was made.

Psalms 2:8 Ask of me, and I will make the nations your heritage, and the ends of the earth your possession.

Hebrews 1:3 <sup>3</sup>He reflects the glory of God and bears the very stamp of his nature, upholding the universe by his word of power. When he had made purification for sins, he sat down at the right hand of the Majesty on high,

Hebrews 1:4 <sup>4</sup>having become as much superior to angels as the name he has obtained is more excellent than theirs.

Wisdom 7:26 <sup>26</sup>For she is a reflection of eternal light, a spotless mirror of the working of God, and an image of his goodness.

### **Day Three**

Hebrews 1:5-6 <sup>5</sup>For to what angel did God ever say, "Thou art my Son, today I have begotten thee"?

Or again, "I will be to him a father, and he shall be to me a son"?

<sup>6</sup>And again, when he brings the first-born into the world, he says, "Let all God's angels worship him."

Daniel 10:4-15 <sup>4</sup>On the twenty-fourth day of the first month, as I was standing on the bank of the great river, that is, the Tigris, <sup>5</sup>I lifted up my eyes and looked, and behold, a man clothed in linen, whose loins were girded with gold of Uphaz. <sup>6</sup>His body was like beryl, his face like the appearance of lightning, his eyes like flaming torches, his arms and legs like the gleam of burnished bronze, and the sound of his words like the noise of a multitude. <sup>7</sup>And I, Daniel, alone saw the vision, for the men who were with me did not see the vision, but a great trembling fell upon them, and they fled to hide themselves. <sup>8</sup>So I was left alone and saw this great vision, and no strength was left in me; my radiant appearance was fearfully changed, and I retained no strength. <sup>9</sup>Then I heard the sound of his words; and when I heard the sound of his words, I fell on my face in deep sleep with my face to the ground.

<sup>10</sup>And behold, a hand touched me and set me trembling on my hands and knees. <sup>11</sup>And he said to me, "O Daniel, man greatly beloved, give heed to the words that I speak to you, and stand upright, for now I have been sent to you." While he was speaking this word to me, I stood up trembling. <sup>12</sup>Then he said to me, "Fear not, Daniel, for from the first day that you set your mind to understand and humbled yourself before your God, your words have been heard, and I have come because of your words. <sup>13</sup>The prince of the kingdom of Persia withstood me twenty-one days; but Michael, one of the chief princes, came to help me, so I left him there with the prince of the kingdom of Persia<sup>[a]</sup> <sup>14</sup>and came to make you understand what is to befall your people in the latter days. For the vision is for days yet to come."

<sup>15</sup>When he had spoken to me according to these words, I turned my face toward the ground and was speechless.

Isaiah 6:2-4 <sup>2</sup>Above him stood the seraphim; each had six wings: with two he covered his face, and with two he covered his feet, and with two he flew. <sup>3</sup>And one called to another and said: "Holy, holy, holy is the LORD of hosts; the whole earth is full of his glory." <sup>4</sup>And the foundations of the thresholds shook at the voice of him who called, and the house was filled with smoke.

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Revelation 5:11-12 <sup>11</sup>Then I looked, and I heard around the throne and the living creatures and the elders the voice of many angels, numbering myriads of myriads and thousands of thousands, <sup>12</sup>saying with a loud voice, “Worthy is the Lamb who was slain, to receive power and wealth and wisdom and might and honor and glory and blessing!”

Acts 7:37-38, 53 <sup>37</sup>This is the Moses who said to the Israelites, ‘God will raise up for you a prophet from your brethren as he raised me up.’ <sup>38</sup>This is he who was in the congregation in the wilderness with the angel who spoke to him at Mount Sinai, and with our fathers; and he received living oracles to give to us. “you who received the law as delivered by angels and did not keep it.”

Psalms 34:8(NABRE) - <sup>8</sup>The angel of the LORD encamps around those who fear him, and he saves them.

Psalms 91:11-12 <sup>11</sup>For he will give his angels charge of you to guard you in all your ways. <sup>12</sup>On their hands they will bear you up, lest you dash your foot against a stone.

Matthew 1:19-24 <sup>19</sup>and her husband Joseph, being a just man and unwilling to put her to shame, resolved to send her away quietly. <sup>20</sup>But as he considered this, behold, an angel of the Lord appeared to him in a dream, saying, “Joseph, son of David, do not fear to take Mary your wife, for that which is conceived in her is of the Holy Spirit; <sup>21</sup>she will bear a son, and you shall call his name Jesus, for he will save his people from their sins.” <sup>22</sup>All this took place to fulfil what the Lord had spoken by the prophet:

<sup>23</sup>“Behold, a virgin shall conceive and bear a son, and his name shall be called Emmanuel”

(which means, God with us). <sup>24</sup>When Joseph woke from sleep, he did as the angel of the Lord commanded him; he took his wife,

Luke 1:26–38 <sup>26</sup>In the sixth month the angel Gabriel was sent from God to a city of Galilee named Nazareth, <sup>27</sup>to a virgin betrothed to a man whose name was Joseph, of the house of David; and the

virgin’s name was Mary. <sup>28</sup>And he came to her and said, “Hail, O favored one, the Lord is with you!”<sup>[a]</sup> <sup>29</sup>But she was greatly troubled at the saying, and considered in her mind what sort of greeting this might be. <sup>30</sup>And the angel said to her, “Do not be afraid, Mary, for you have found favor with God. <sup>31</sup>And behold, you will conceive in your womb and bear a son, and you shall call his name Jesus. <sup>32</sup>He will be great, and will be called the Son of the Most High; and the Lord God will give to him the throne of his father David, <sup>33</sup>and he will reign over the house of Jacob for ever; and of his kingdom there will be no end.” <sup>34</sup>And Mary said to the angel, “How shall this be, since I have no husband?” <sup>35</sup>And the angel said to her, “The Holy Spirit will come upon you, and the power of the Most High will overshadow you; therefore the child to be born will be called holy, the Son of God.

<sup>36</sup>And behold, your kinswoman Elizabeth in her old age has also conceived a son; and this is the sixth month with her who was called barren. <sup>37</sup>For with God nothing will be impossible.” <sup>38</sup>And Mary said, “Behold, I am the handmaid of the Lord; let it be to me according to your word.” And the angel departed from her.

Luke 2:9-12 <sup>9</sup>And an angel of the Lord appeared to them, and the glory of the Lord shone around them, and they were filled with fear. <sup>10</sup>And the angel said to them, “Be not afraid; for behold, I bring you good news of a great joy which will come to all the people; <sup>11</sup>for to you is born this day in the city of David a Savior, who is Christ the Lord. <sup>12</sup>And this will be a sign for you: you will find a babe wrapped in swaddling cloths and lying in a manger.”

Hebrews 1:5 <sup>5</sup>For to what angel did God ever say, “You are my Son, today I have begotten you”? Or again, “I will be to him a father, and he shall be to me a son”?

Psalms 2:7 <sup>7</sup>I will tell of the decree of the LORD: He said to me, “You are my son, today I have begotten you.

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2 Samuel 7:14 <sup>14</sup> I will be his father, and he shall be my son. When he commits iniquity, I will chasten him with the rod of men, with the stripes of the sons of men;

Luke 1:30-33 <sup>30</sup> And the angel said to her, “Do not be afraid, Mary, for you have found favor with God. <sup>31</sup> And behold, you will conceive in your womb and bear a son, and you shall call his name Jesus. <sup>31</sup> He will be great, and will be called the Son of the Most High; and the Lord God will give to him the throne of his father David, <sup>32</sup> and he will reign over the house of Jacob for ever; and of his kingdom there will be no end.”

Luke 1:68-69 <sup>68</sup> “Blessed be the Lord God of Israel, for he has visited and redeemed his people, <sup>69</sup> and has raised up a horn of salvation for us in the house of his servant David,

Hebrews 1:6 <sup>6</sup> And again, when he brings the first-born into the world, he says, “Let all God’s angels worship him.”

Luke 2:8-14 <sup>8</sup> And in that region there were shepherds out in the field, keeping watch over their flock by night. <sup>9</sup> And an angel of the Lord appeared to them, and the glory of the Lord shone around them, and they were filled with fear. <sup>10</sup> And the angel said to them, “Be not afraid; for behold, I bring you good news of a great joy which will come to all the people; <sup>11</sup> for to you is born this day in the city of David a Savior, who is Christ the Lord. <sup>12</sup> And this will be a sign for you: you will find a babe wrapped in swaddling cloths and lying in a manger.” <sup>13</sup> And suddenly there was with the angel a multitude of the heavenly host praising God and saying,

<sup>14</sup> “Glory to God in the highest, and on earth peace among men with whom he is pleased!”

Revelation 5:11-13 <sup>11</sup> Then I looked, and I heard around the throne and the living creatures and the elders the voice of many angels, numbering myriads of myriads and thousands of thousands, <sup>12</sup> saying with a loud voice, “Worthy is the Lamb who was slain, to receive power and wealth and wisdom and might

and honor and glory and blessing!” <sup>13</sup> And I heard every creature in heaven and on earth and under the earth and in the sea, and all therein, saying, “To him who sits upon the throne and to the Lamb be blessing and honor and glory and might for ever and ever!”

### Day Four

Hebrews 1:7-12 <sup>7</sup> Of the angels he says, “Who makes his angels winds, and his servants flames of fire.” <sup>8</sup> But of the Son he says, “Your throne, O God, <sup>[a]</sup> is for ever and ever, the righteous scepter is the scepter of your kingdom. <sup>9</sup> You have loved righteousness and hated lawlessness; therefore God, your God, has anointed thee with the oil of gladness beyond your comrades.” <sup>10</sup> And, “You, Lord, founded the earth in the beginning, and the heavens are the work of your hands; <sup>11</sup> they will perish, but you remain; they will all grow old like a garment, <sup>12</sup> like a cloak you will roll them up, and they will be changed. But you are the same, and your years will never end.”

Psalm 104:4 <sup>4</sup> who make the winds your messengers, fire and flame your ministers.

Psalm 45:7-8 <sup>7</sup> you love righteousness and hate wickedness. Therefore God, your God, has anointed you with the oil of gladness above your fellows; <sup>8</sup> your robes are all fragrant with myrrh and aloes and cassia. From ivory palaces stringed instruments make you glad;

### Day Five

Hebrews 1:13-14 <sup>13</sup> But to what angel has he ever said, “Sit at my right hand till I make your enemies a stool for your feet”? <sup>14</sup> Are they not all ministering spirits sent forth to serve, for the sake of those who are to obtain salvation?

Psalm 110:1 <sup>110</sup> The LORD says to my lord: “Sit at my right hand, till I make your enemies your footstool.”

Mark 12:36 <sup>36</sup> David himself, inspired by the Holy Spirit, declared, ‘The Lord said to my Lord, Sit at my right hand, till I put thy enemies under your feet.’

Joshua 10:24 <sup>24</sup> And when they brought those kings out to Joshua, Joshua summoned all the men of

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Israel, and said to the chiefs of the men of war who had gone with him, “Come near, put your feet upon the necks of these kings.” Then they came near, and put their feet on their necks.

Psalms 33:10-11 <sup>10</sup>The LORD brings the counsel of the nations to nought; he frustrates the plans of the peoples. <sup>11</sup>The counsel of the LORD stands for ever, the thoughts of his heart to all generations.

Philippians 2:10-11 <sup>10</sup>that at the name of Jesus every knee should bow, in heaven and on earth and under the earth, <sup>11</sup>and every tongue confess that Jesus Christ is Lord, to the glory of God the Father.

1 Corinthians 15:24-26 <sup>24</sup>Then comes the end, when he delivers the kingdom to God the Father after destroying every rule and every authority and power. <sup>25</sup>For he must reign until he has put all his enemies under his feet. <sup>26</sup>The last enemy to be destroyed is death.

### Verse Study

Colossians 1:18

<sup>18</sup>He is the head of the body, the church; he is the beginning, the first-born from the dead, that in everything he might be pre-eminent.

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### Day One

Hebrews 2:1-4 - 1 Therefore, we must attend all the more to what we have heard, so that we may not be carried away. 2 For if the word announced through angels proved firm, and every transgression and disobedience received its just recompense, 3 how shall we escape if we ignore so great a salvation? Announced originally through the Lord, it was confirmed for us by those who have heard. 4 God added his testimony by signs, wonders, various acts of power, and distribution of gifts of the holy Spirit according to his will.

Revelation 2:4 Yet, I hold this against you: you have lost the love you had at first.

Deuteronomy 33:2 He said: The Lord came from Sinai and dawned on his people from Seir; he shown forth from Mount Paran. With him were myriads of holy ones; at his right hand advanced the gods.

Acts 7:38 It was he who, in the assembly in the desert, was with the angel who spoke to him on Mount Sinai and with our ancestors, and he received living utterances to hand on to us.

Acts 7:53 You received the law as transmitted by angels, but you did not observe it.

Galatians 3:19 Why, then, the law? It was added for transgressions, until the descendant came to whom the promise had been made; it was promulgated by angels at the hand of a mediator.

2 Timothy 4:3 For the time will come when people will not tolerate sound doctrine but, following their own desires and insatiable curiosity, will accumulate teachers.

Romans 8:15-16 - 15 For you did not receive a spirit of slavery to fall back into fear, but you received a spirit of adoption, through which we cry, “Abba, Father!” 16 The Spirit itself bears witness with our spirit that we are children of God.

Hebrews 6:19 <sup>19</sup>This we have as an anchor of the soul, sure and firm, which reaches into the interior behind the veil,

Deuteronomy 6:5-9 <sup>5</sup>Therefore, you shall love the Lord, your God, with your whole heart, and with your whole being, and with your whole strength. <sup>6</sup>Take to

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heart these words which I command you today. 7 Keep repeating them to your children. Recite them when you are at home and when you are away, when you lie down and when you get up. 8 Bind them on your arm as a sign and let them be as a pendant on your forehead. 9 Write them on the doorposts of your houses and on your gates.

### **Day Two**

Hebrews 2:5-9 5 For it was not to angels that he subjected the world to come, of which we are speaking. 6 Instead, someone has testified somewhere: “What is man that you are mindful of him, or the son of man that you care for him? 7 You made him for a little while lower than the angels: you crowned him with glory and honor, 8 subjecting all things under his feet.” In “subjecting” all things [to him], he left nothing not “subject to him”. Yet at present we do not see “all things subject to him,” 9 but we do see Jesus “crowned with glory and honor” because he suffered death, he who “for a little while” was made “lower than the angels,” that by the grace of God he might taste death for everyone.

### Psalm 8

1 For the leader; “upon the *gittith*.”—A psalm of David.  
2 O LORD, our Lord, how awesome is your name through all the earth! I will sing of your majesty above the heavens  
3 with the mouths of babes<sup>a</sup> and infants.<sup>z</sup> You have established a bulwark<sup>\*</sup> against your foes, to silence enemy and avenger.<sup>z</sup> 4 When I see your heavens, the work of your fingers, the moon and stars that you set in place—  
5 “What is man that you are mindful of him, and a son of man that you care for him? 6 Yet you have made him little less than a god,<sup>z</sup> crowned him with glory and honor. 7 You have given him rule over the works of your hands, put all things at his feet: 8 All sheep and oxen, even the beasts of the field, 9 The birds of the air, the fish of the sea, and whatever swims the paths of the seas. 10 O LORD, our Lord, how awesome is your name through all the earth!

Romans 5:17 For if, by the transgressions of one person, death came to reign through that one, how much more will those who receive the abundance of

grace and of the gift of justification come to reign in life through the one person Jesus Christ.

2 Timothy 2:12 If we persevere we shall also reign with him. But if we deny him he will deny us.

1 John 3:2 Beloved we are God’s children now; what we shall be has not been revealed. We do not know that when it is revealed we shall be like him, for we shall see him as he is.

### **Day Three**

Hebrews 2:10 For it was fitting that he, for whom and through whom all things exist, in bringing many children to glory, should make the leader to their salvation perfect through suffering.

Colossians 1:16 For in him were created all things in heaven and on earth, the visible and the invisible, whether thrones or dominions or principalities or power; all things were created through him and for him.

1 Corinthians 1:23 but we proclaim Christ crucified, a stumbling block to Jews and foolishness to Gentiles

Hebrews 4:15 For we do not have a high priest who is unable to sympathize with our weaknesses, but one who has similarly been tested in every way, yet without sin.

1 Peter 1:18-19 - 18 realize that you were ransomed from your futile conduct, handed on by our ancestors, not with perishable things like silver or gold 19 but with the precious blood of Christ as spotless unblemished lamb.

1 John 3:5 You know that he was revealed to take away sin, and in him there is no sin.

Romans 8:18 I consider that the sufferings of this present time are as nothing compared with the glory to be revealed for us.

2 Corinthians 4:17 For this momentary light affliction is producing for us an eternal weight of glory beyond all comparison.

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### **Day Four**

Hebrews 2:11-16 - 11 He who consecrates and those who are being consecrated all have one origin. Therefore, he is not ashamed to call them “brothers”, 12 saying: “I will proclaim your name to my brothers, in the midst of the assembly I will praise you”; 13 and again: “I will put my trust in him”; And again: “Behold, I and the children God has given me.” 14 Now since the children share in blood and flesh, he likewise shared in them, that through death he might destroy the one who has the power of death, that is, the devil, 15 and free those who through fear of death had been subjected to slavery all their life. 16 Surely he did not help angels but rather the descendants of Abraham;

Hebrews 1:3 who is the refulgence of his glory, the very imprint of his being, and who sustains all things by his mighty word. When he had accomplished purification from sins, he took his seat at the right hand of the Majesty on high.

Hebrews 2:12 saying: “I will proclaim your name to my brothers, in the midst of the assembly I will praise you”;

### Psalm 22

1For the leader; according to “The deer of the dawn.”\*  
A psalm of David.

2My God, my God, why have you abandoned me? Why so far from my call for help, from my cries of anguish? 3My God, I call by day, but you do not answer; by night, but I have no relief. 4Yet you are enthroned as the Holy One; you are the glory of Israel. 5In you our fathers trusted; they trusted and you rescued them. 6To you they cried out and they escaped; in you they trusted and were not disappointed. 7 But I am a worm, not a man, scorned by men, despised by the people. 8All who see me mock me; they curl their lips and jeer; they shake their heads at me: 9“He relied on the LORD—let him deliver him; if he loves him, let him rescue him.” 10For you drew me forth from the womb, made me safe at my mother’s breasts. 11Upon you I was thrust from the womb; since my mother bore me you are my

God.<sup>h</sup> 12Do not stay far from me, for trouble is near, and there is no one to help.

13Many bulls\* surround me; fierce bulls of Bashan\* encircle me. 14They open their mouths against me, lions that rend and roar. 15Like water my life drains away; all my bones are disjoined. My heart has become like wax, it melts away within me. 16As dry as a potsherd is my throat; my tongue cleaves to my palate; you lay me in the dust of death. 17Dogs surround me; a pack of evildoers closes in on me. They have pierced my hands and my feet 18I can count all my bones. They stare at me and gloat; 19they divide my garments among them; for my clothing they cast lots. 20But you, LORD, do not stay far off; my strength, come quickly to help me. 21Deliver my soul from the sword, my life from the grip of the dog. 22Save me from the lion’s mouth, my poor life from the horns of wild bulls. 23Then I will proclaim your name to my brethren; in the assembly I will praise you: 24“You who fear the LORD, give praise! All descendants of Jacob, give honor; show reverence, all descendants of Israel! 25For he has not spurned or disdained the misery of this poor wretch, Did not turn away\* from me, but heard me when I cried out. 26I will offer praise in the great assembly; my vows I will fulfill before those who fear him. 27The poor\* will eat their fill; those who seek the LORD will offer praise. May your hearts enjoy life forever!” 28All the ends of the earth will remember and turn to the LORD; All the families of nations will bow low before him. 29For kingship belongs to the LORD, the ruler over the nations. 30\*All who sleep in the earth will bow low before God; All who have gone down into the dust will kneel in homage. 31And I will live for the LORD; my descendants will serve you. 32The generation to come will be told of the Lord, that they may proclaim to a people yet unborn the deliverance you have brought.

Isaiah 7:14 Therefore the Lord himself will give you a sign, the young woman, pregnant and about to bear a son, shall name him Emmanuel.



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Matthew 1:23 “Behold, the virgin shall be with child and bear a son, and they shall name him Emmanuel,” which means “God is with us.”

John 8:34 Jesus answered them, “Amen, amen, I say to you, everyone who commits sin is a slave of sin.

Rom 8:15 For you did not receive a spirit of slavery to fall back into fear, but you received a spirit of adoption, through which we cry, “Abba,<sup>2</sup>Father!”

Romans 8: 35-39 - 35 What will separate us from the love of Christ? Will anguish, or distress, or persecution, or famine, or nakedness, or peril, or the sword? 36 As it is written: “For your sake we are being slain all the day; we are looked upon as sheep to the slaughter”. 37 No, in all these things we conquer overwhelmingly through him who loved us. 38 For I am convinced that neither death, nor life, nor angels, nor principalities, nor present things, nor future things, nor powers, 39 nor height, nor depth, nor any other creature will be able to separate us from the love of God in Christ Jesus our Lord.

1 Corinthians 15:55,57 - 55 Where, O death, is your victory? Where O death, is your sting? 57 But thanks be to God who gives us the victory through our Lord Jesus Christ.

2 Corinthians 5:21 For our sake he made him to be sin who did not know sin, so that we might become the righteousness of God in him.

Revelation 1:17-18 - 17 When I caught sight of him, I fell down at his feet as though dead. He touched me with his right hand and said, “Do not be afraid. I am the first and the last, 18 the one who lives. Once I was dead, but now I am alive forever and ever. I hold the keys to death and the netherworld.

### **Day Five**

Hebrews 2:17-18 - 17 therefore, he had to become like his brothers in every way, that he might be a merciful and faithful high priest before God to expiate the sins of the people. 18 Because he himself was tested through what he suffered, he is able to help those who are being tested.

Romans 1:18 The wrath of God is indeed being revealed from heaven against every impiety and wickedness of those who suppress the truth by their wickedness.

Revelation 19:15 Out of his mouth came a sharp sword to strike the nations. He will rule them with an iron rod, and he himself will tread out in the wine press the wine of fury and the wrath of God the Almighty.

Romans 3:23(RSV) all have sinned and fall short of the glory of God

### **Verse Study**

Psalm 3:4 But you, LORD, are a shield around me; my glory, you keep my head high

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## Grounded in Hope – Lesson 4

### **Day One**

Hebrews 3:1 <sup>3</sup>Therefore, holy brethren, who share in a heavenly call, consider Jesus, the apostle and high priest of our confession.

Titus 3:3-5 <sup>3</sup>For we ourselves were once foolish, disobedient, led astray, slaves to various passions

and pleasures, passing our days in malice and envy, hated by men and hating one another; <sup>4</sup>but when the goodness and loving kindness of God our Savior appeared, <sup>5</sup>he saved us, not because of deeds done by us in righteousness, but in virtue of his own mercy, by the washing of regeneration and renewal in the Holy Spirit,



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1 Corinthians 6:11 <sup>11</sup> And such were some of you. But you were washed, you were sanctified, you were justified in the name of the Lord Jesus Christ and in the Spirit of our God.

2 Timothy 2:20-23 <sup>20</sup> In a great house there are not only vessels of gold and silver but also of wood and earthenware, and some for noble use, some for ignoble. <sup>21</sup> If any one purifies himself from what is ignoble, then he will be a vessel for noble use, consecrated and useful to the master of the house, ready for any good work. <sup>22</sup> So shun youthful passions and aim at righteousness, faith, love, and peace, along with those who call upon the Lord from a pure heart. <sup>23</sup> Have nothing to do with stupid, senseless controversies; you know that they breed quarrels.

1 Peter 1:14-16 <sup>14</sup> As obedient children, do not be conformed to the passions of your former ignorance, <sup>15</sup> but as he who called you is holy, be holy yourselves in all your conduct; <sup>16</sup> since it is written, “You shall be holy, for I am holy.”

### **Day Two**

Hebrews 3:1-6 <sup>3</sup> Therefore, holy brethren, who share in a heavenly call, consider Jesus, the apostle and high priest of our confession. <sup>2</sup> He was faithful to him who appointed him, just as Moses also was faithful in<sup>[a]</sup> God’s house. <sup>3</sup> Yet Jesus has been counted worthy of as much more glory than Moses as the builder of a house has more honor than the house. <sup>4</sup> (For every house is built by some one, but the builder of all things is God.) <sup>5</sup> Now Moses was faithful in all God’s house as a servant, to testify to the things that were to be spoken later, <sup>6</sup> but Christ was faithful over God’s<sup>[b]</sup> house as a son. And we are his house if we hold fast our confidence and pride in our hope.

Exodus 3:1-10 <sup>3</sup> Now Moses was keeping the flock of his father-in-law, Jethro, the priest of Mid'ian; and he led his flock to the west side of the wilderness, and came to Horeb, the mountain of God. <sup>2</sup> And the angel of the LORD appeared to him in a flame of fire out of the midst of a bush; and he looked, and lo, the bush was burning, yet it was not consumed. <sup>3</sup> And Moses said, “I will turn aside and see this great sight, why

the bush is not burnt.” <sup>4</sup> When the LORD saw that he turned aside to see, God called to him out of the bush, “Moses, Moses!” And he said, “Here am I.” <sup>5</sup> Then he said, “Do not come near; put off your shoes from your feet, for the place on which you are standing is holy ground.” <sup>6</sup> And he said, “I am the God of your father, the God of Abraham, the God of Isaac, and the God of Jacob.” And Moses hid his face, for he was afraid to look at God.

<sup>7</sup> Then the LORD said, “I have seen the affliction of my people who are in Egypt, and have heard their cry because of their taskmasters; I know their sufferings, <sup>8</sup> and I have come down to deliver them out of the hand of the Egyptians, and to bring them up out of that land to a good and broad land, a land flowing with milk and honey, to the place of the Canaanites, the Hittites, the Amorites, the Per'izzites, the Hivites, and the Jeb'usites. <sup>9</sup> And now, behold, the cry of the people of Israel has come to me, and I have seen the oppression with which the Egyptians oppress them. <sup>10</sup> Come, I will send you to Pharaoh that you may bring forth my people, the sons of Israel, out of Egypt.”

Numbers 12:3 <sup>3</sup> Now the man Moses was very meek, more than all men that were on the face of the earth.

Deuteronomy 34:10-12 <sup>10</sup> And there has not arisen a prophet since in Israel like Moses, whom the LORD knew face to face, <sup>11</sup> none like him for all the signs and the wonders which the LORD sent him to do in the land of Egypt, to Pharaoh and to all his servants and to all his land, <sup>12</sup> and for all the mighty power and all the great and terrible deeds which Moses wrought in the sight of all Israel.

Galatians 3:13 <sup>13</sup> Christ redeemed us from the curse of the law, having become a curse for us—for it is written, “Cursed be everyone who hangs on a tree”

Mark 15:29-37 <sup>29</sup> And those who passed by derided him, wagging their heads, and saying, “Aha! You who would destroy the temple and build it in three days, <sup>30</sup> save yourself, and come down from the cross!” <sup>31</sup> So also the chief priests mocked him to one another with the scribes, saying, “He saved others; he cannot save himself. <sup>32</sup> Let the Christ, the King of Israel, come down now from the cross, that we may see and

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believe.” Those who were crucified with him also reviled him.

<sup>33</sup>And when the sixth hour had come, there was darkness over the whole land<sup>[a]</sup> until the ninth hour. <sup>34</sup>And at the ninth hour Jesus cried with a loud voice, “E'lo-i, E'lo-i, la'ma sabach-tha'ni?” which means, “My God, my God, why hast thou forsaken me?” <sup>35</sup>And some of the bystanders hearing it said, “Behold, he is calling Eli'jah.” <sup>36</sup>And one ran and, filling a sponge full of vinegar, put it on a reed and gave it to him to drink, saying, “Wait, let us see whether Eli'jah will come to take him down.” <sup>37</sup>And Jesus uttered a loud cry, and breathed his last.

### **Day Three**

Hebrews 3:3-6 <sup>3</sup>Yet Jesus has been counted worthy of as much more glory than Moses as the builder of a house has more honor than the house. <sup>4</sup>(For every house is built by someone, but the builder of all things is God.) <sup>5</sup>Now Moses was faithful in all God's house as a servant, to testify to the things that were to be spoken later, <sup>6</sup>but Christ was faithful over God's<sup>[a]</sup> house as a son. And we are his house if we hold fast our confidence and pride in our hope.

Ephesians 2:21-22 <sup>21</sup>in whom the whole structure is joined together and grows into a holy temple in the Lord; <sup>22</sup>in whom you also are built into it for a dwelling place of God in the Spirit.

1 Peter 2:5 <sup>5</sup>and like living stones be yourselves built into a spiritual house, to be a holy priesthood, to offer spiritual sacrifices acceptable to God through Jesus Christ.

Galatians 5:22-23 <sup>22</sup>But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, <sup>23</sup>gentleness, self-control; against such there is no law.

### **Day Four**

Hebrews 3:7-11 <sup>7</sup>Therefore, as the Holy Spirit says, “Today, when you hear his voice, <sup>8</sup>do not harden your hearts as in the rebellion, on the day of testing in the wilderness, <sup>9</sup>where your fathers put me to the test and saw my works for forty years. <sup>10</sup>Therefore I

was provoked with that generation, and said, ‘They always go astray in their hearts; they have not known my ways.’ <sup>11</sup>As I swore in my wrath, ‘They shall never enter my rest.’”

Numbers 14:1-10 <sup>1</sup>Then all the congregation raised a loud cry; and the people wept that night. <sup>2</sup>And all the people of Israel murmured against Moses and Aaron; the whole congregation said to them, “Would that we had died in the land of Egypt! Or would that we had died in this wilderness! <sup>3</sup>Why does the LORD bring us into this land, to fall by the sword? Our wives and our little ones will become a prey; would it not be better for us to go back to Egypt?”

<sup>4</sup>And they said to one another, “Let us choose a captain, and go back to Egypt.” <sup>5</sup>Then Moses and Aaron fell on their faces before all the assembly of the congregation of the people of Israel. <sup>6</sup>And Joshua the son of Nun and Caleb the son of Jephun'neh, who were among those who had spied out the land, rent their clothes, <sup>7</sup>and said to all the congregation of the people of Israel, “The land, which we passed through to spy it out, is an exceedingly good land. <sup>8</sup>If the LORD delights in us, he will bring us into this land and give it to us, a land which flows with milk and honey. <sup>9</sup>Only, do not rebel against the LORD; and do not fear the people of the land, for they are bread for us; their protection is removed from them, and the LORD is with us; do not fear them.” <sup>10</sup>But all the congregation said to stone them with stones. Then the glory of the LORD appeared at the tent of meeting to all the people of Israel.

Numbers 14:26-38 <sup>26</sup>And the LORD said to Moses and to Aaron, <sup>27</sup>“How long shall this wicked congregation murmur against me? I have heard the murmurings of the people of Israel, which they murmur against me. <sup>28</sup>Say to them, ‘As I live, says the LORD, what you have said in my hearing I will do to you: <sup>29</sup>your dead bodies shall fall in this wilderness; and of all your number, numbered from twenty years old and upward, who have murmured against me, <sup>30</sup>not one shall come into the land where I swore that I would make you dwell, except Caleb the son of Jephun'neh and Joshua the son of Nun. <sup>31</sup>But your little ones, who you said would become prey, I will bring in, and they shall

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know the land which you have despised. <sup>32</sup>But as for you, your dead bodies shall fall in this wilderness. <sup>33</sup> And your children shall be shepherds in the wilderness for forty years, and shall suffer for your faithlessness, until the last of your dead bodies lies in the wilderness. <sup>34</sup>According to the number of the days in which you spied out the land, forty days, for every day a year, you shall bear your iniquity, forty years, and you shall know my displeasure. <sup>35</sup>I, the LORD, have spoken; surely this will I do to all this wicked congregation that are gathered together against me: in this wilderness they shall come to a full end, and there they shall die.” <sup>36</sup>And the men whom Moses sent to spy out the land, and who returned and made all the congregation to murmur against him by bringing up an evil report against the land, <sup>37</sup>the men who brought up an evil report of the land, died by plague before the LORD. <sup>38</sup>But Joshua the son of Nun and Caleb the son of Jephun'neh remained alive, of those men who went to spy out the land.

Numbers 14:11 <sup>11</sup>And the LORD said to Moses, “How long will this people despise me? And how long will they not believe in me, in spite of all the signs which I have wrought among them?”

1 John 4:18 <sup>18</sup>There is no fear in love, but perfect love casts out fear. For fear has to do with

punishment, and he who fears is not perfected in love.

### **Day Five**

Hebrews 3:12-19 <sup>12</sup>Take care, brethren, lest there be in any of you an evil, unbelieving heart, leading you to fall away from the living God. <sup>13</sup>But exhort one another every day, as long as it is called “today,” that none of you may be hardened by the deceitfulness of sin. <sup>14</sup>For we share in Christ, if only we hold our first confidence firm to the end, <sup>15</sup>while it is said, “Today, when you hear his voice, do not harden your hearts as in the rebellion.”

<sup>16</sup>Who were they that heard and yet were rebellious? Was it not all those who left Egypt under the leadership of Moses? <sup>17</sup>And with whom was he provoked forty years? Was it not with those who sinned, whose bodies fell in the wilderness? <sup>18</sup>And to whom did he swear that they should never enter his rest, but to those who were disobedient? <sup>19</sup>So we see that they were unable to enter because of unbelief.

Matthew 13:20-21 <sup>20</sup>As for what was sown on rocky ground, this is he who hears the word and immediately receives it with joy; <sup>21</sup>yet he has no root in himself, but endures for a while, and when tribulation or persecution arises on account of the word, immediately he falls away.

### **Verse Study**

Isaiah 30:21

And your ears shall hear a word behind you: “This is the way; walk in it,;” when you would turn to the right or the left.

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## Grounded in Hope – Lesson 6

### **Day One**

Hebrews 4:1-2 <sup>20</sup>Our God is a God of salvation; and to GOD, the Lord, belongs escape from death. <sup>21</sup>But God will shatter the heads of his enemies, the hairy crown of him who walks in his guilty ways.

Hosea 6:3 <sup>3</sup>Let us know, let us press on to know the LORD; his going forth is sure as the dawn; he will

come to us as the showers, as the spring rains that water the earth.”

Romans 8:28 We know that in everything God works for good<sup>[a]</sup> with those who love him, who are called according to his purpose.

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1 Peter 5:7 Cast all your anxieties on him, for he cares about you.

2 Peter 3:8-9<sup>8</sup> But do not ignore this one fact, beloved, that with the Lord one day is as a thousand years, and a thousand years as one day.<sup>9</sup> The Lord is not slow about his promise as some count slowness, but is forbearing toward you, not wishing that any should perish, but that all should reach repentance.

### **Day Two**

Hebrews 4:3-7<sup>3</sup> For we who have believed enter that rest, as he has said, “As I swore in my wrath, ‘They shall never enter my rest,’ “although his works were finished from the foundation of the world.<sup>4</sup> For he has somewhere spoken of the seventh day in this way, “And God rested on the seventh day from all his works.”<sup>5</sup> And again in this place he said, “They shall never enter my rest.<sup>6</sup> Since therefore it remains for some to enter it, and those who formerly received the good news failed to enter because of disobedience,<sup>7</sup> again he sets a certain day, “Today,” saying through David so long afterward, in the words already quoted, “Today, when you hear his voice, do not harden your hearts.”

Lamentations 3:22-23<sup>22</sup> The steadfast love of the LORD never ceases, his mercies never come to an end;<sup>23</sup> they are new every morning; great is thy faithfulness.

Psalms 68:20-21<sup>20</sup> Our God is a God of salvation; and to GOD, the Lord, belongs escape from death.<sup>21</sup> But God will shatter the heads of his enemies, the hairy crown of him who walks in his guilty ways.

John 5:17<sup>17</sup> But Jesus answered them, “My Father is working still, and I am working.” Philippians 2:13<sup>13</sup> for God is at work in you, both to will and to work for his good pleasure.

John 15:4-5<sup>4</sup> Abide in me, and I in you. As the branch cannot bear fruit by itself, unless it abides in the vine, neither can you, unless you abide in me.<sup>5</sup> I am the vine, you are the branches. He who abides in me, and I in him, he it is that bears much fruit, for apart from me you can do nothing.

### **Day Three**

Hebrews 4:8-11<sup>8</sup> For if Joshua had given them rest, God would not speak later of another day.<sup>9</sup> So then, there remains a sabbath rest for the people of God;<sup>10</sup> for whoever enters God’s rest also ceases from his labors as God did from his.<sup>11</sup> Let us therefore strive to enter that rest, that no one fall by the same sort of disobedience.

Numbers 13:1-14:9<sup>1</sup> The LORD said to Moses,<sup>2</sup> “Send men to spy out the land of Canaan, which I give to the people of Israel; from each tribe of their fathers shall you send a man, every one a leader among them.”<sup>3</sup> So Moses sent them from the wilderness of Paran, according to the command of the LORD, all of them men who were heads of the people of Israel.<sup>4</sup> And these were their names: From the tribe of Reuben, Sham'mu-a the son of Zaccur;<sup>5</sup> from the tribe of Simeon, Shaphat the son of Hori;<sup>6</sup> from the tribe of Judah, Caleb the son of Jephun'neh;<sup>7</sup> from the tribe of Is'sachar, Igal the son of Joseph;<sup>8</sup> from the tribe of E'phraim, Hoshe'a the son of Nun;<sup>9</sup> from the tribe of Benjamin, Palti the son of Raphu;<sup>10</sup> from the tribe of Zeb'ulun, Gad'diel the son of Sodi;<sup>11</sup> from the tribe of Joseph (that is from the tribe of Manas'seh), Gaddi the son of Susi;<sup>12</sup> from the tribe of Dan, Am'miel the son of Gemal'li;<sup>13</sup> from the tribe of Asher, Sethur the son of Michael;<sup>14</sup> from the tribe of Naph'tali, Nahbi the son of Vophsi;<sup>15</sup> from the tribe of Gad, Geu'el the son of Machi.<sup>16</sup> These were the names of the men whom Moses sent to spy out the land. And Moses called Hoshe'a the son of Nun Joshua.

<sup>17</sup> Moses sent them to spy out the land of Canaan, and said to them, “Go up into the Negeb yonder, and go up into the hill country,<sup>18</sup> and see what the land is, and whether the people who dwell in it are strong or weak, whether they are few or many,<sup>19</sup> and whether the land that they dwell in is good or bad, and whether the cities that they dwell in are camps or strongholds,<sup>20</sup> and whether the land is rich or poor, and whether there is wood in it or not. Be of good courage and bring some of the fruit of the land.” Now the time was the season of the first ripe grapes.<sup>21</sup> So they went up and spied out the land from the wilderness of Zin to Rehob, near the entrance of

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Hamath. <sup>22</sup>They went up into the Negeb, and came to Hebron; and Ahi'man, Sheshai, and Talmai, the descendants of Anak, were there. (Hebron was built seven years before Zo'an in Egypt.) <sup>23</sup>And they came to the Valley of Eshcol, and cut down from there a branch with a single cluster of grapes, and they carried it on a pole between two of them; they brought also some pomegranates and figs. <sup>24</sup>That place was called the Valley of Eshcol,<sup>[a]</sup> because of the cluster which the men of Israel cut down from there.

<sup>25</sup>At the end of forty days they returned from spying out the land. <sup>26</sup>And they came to Moses and Aaron and to all the congregation of the people of Israel in the wilderness of Paran, at Kadesh; they brought back word to them and to all the congregation and showed them the fruit of the land. <sup>27</sup>And they told him, "We came to the land to which you sent us; it flows with milk and honey, and this is its fruit. <sup>28</sup>Yet the people who dwell in the land are strong, and the cities are fortified and very large; and besides, we saw the descendants of Anak there. <sup>29</sup>The Amal'ekites dwell in the land of the Negeb; the Hittites, the Jeb'usites, and the Amorites dwell in the hill country; and the Canaanites dwell by the sea, and along the Jordan."

<sup>30</sup>But Caleb quieted the people before Moses, and said, "Let us go up at once, and occupy it; for we are well able to overcome it." <sup>31</sup>Then the men who had gone up with him said, "We are not able to go up against the people; for they are stronger than we." <sup>32</sup>So they brought to the people of Israel an evil report of the land which they had spied out, saying, "The land, through which we have gone to spy it out, is a land that devours its inhabitants; and all the people that we saw in it are men of great stature. <sup>33</sup>And there we saw the Nephilim (the sons of Anak, who come from the Nephilim); and we seemed to ourselves like grasshoppers, and so we seemed to them."

<sup>14</sup><sup>1</sup>Then all the congregation raised a loud cry; and the people wept that night. <sup>2</sup>And all the people of Israel murmured against Moses and Aaron; the whole congregation said to them, "Would that we had died in the land of Egypt! Or would that we had died in this wilderness! <sup>3</sup>Why does the LORD bring us into this land, to fall by the sword? Our wives and our little

ones will become a prey; would it not be better for us to go back to Egypt?"

<sup>4</sup>And they said to one another, "Let us choose a captain, and go back to Egypt." <sup>5</sup>Then Moses and Aaron fell on their faces before all the assembly of the congregation of the people of Israel. <sup>6</sup>And Joshua the son of Nun and Caleb the son of Jephun'neh, who were among those who had spied out the land, rent their clothes, <sup>7</sup>and said to all the congregation of the people of Israel, "The land, which we passed through to spy it out, is an exceedingly good land. <sup>8</sup>If the LORD delights in us, he will bring us into this land and give it to us, a land which flows with milk and honey. <sup>9</sup>Only, do not rebel against the LORD; and do not fear the people of the land, for they are bread for us; their protection is removed from them, and the LORD is with us; do not fear them."

Joshua 1:1-3 <sup>1</sup>After the death of Moses the servant of the LORD, the LORD said to Joshua the son of Nun, Moses' minister, <sup>2</sup>"Moses my servant is dead; now therefore arise, go over this Jordan, you and all this people, into the land which I am giving to them, to the people of Israel. <sup>3</sup>Every place that the sole of your foot will tread upon I have given to you, as I promised to Moses.

Joshua 13:1 Now Joshua was old and advanced in years; and the LORD said to him, "You are old and advanced in years, and there remains yet very much land to be possessed.

Judges 2:7-14 <sup>7</sup>And the people served the LORD all the days of Joshua, and all the days of the elders who outlived Joshua, who had seen all the great work which the LORD had done for Israel. <sup>8</sup>And Joshua the son of Nun, the servant of the LORD, died at the age of one hundred and ten years. <sup>9</sup>And they buried him within the bounds of his inheritance in Tim'nath-he'res, in the hill country of E'phraim, north of the mountain of Ga'ash. <sup>10</sup>And all that generation also were gathered to their fathers; and there arose another generation after them, who did not know the LORD or the work which he had done for Israel. <sup>11</sup>And the people of Israel did what was evil in the sight of the LORD and served the Ba'als; <sup>12</sup>and they forsook the LORD, the God of their fathers, who had

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brought them out of the land of Egypt; they went after other gods, from among the gods of the peoples who were round about them, and bowed down to them; and they provoked the LORD to anger. <sup>13</sup>They forsook the LORD, and served the Ba'als and the Ash'taroth. <sup>14</sup>So the anger of the LORD was kindled against Israel, and he gave them over to plunderers, who plundered them; and he sold them into the power of their enemies round about, so that they could no longer withstand their enemies.

Ephesians 2:10 <sup>10</sup>For we are his workmanship, created in Christ Jesus for good works, which God prepared beforehand, that we should walk in them.

Philippians 2:13 <sup>13</sup>for God is at work in you, both to will and to work for his good pleasure.

Matthew 11:28-30 <sup>28</sup>Come to me, all who labor and are heavy laden, and I will give you rest. <sup>29</sup>Take my yoke upon you, and learn from me; for I am gentle and lowly in heart, and you will find rest for your souls. <sup>30</sup>For my yoke is easy, and my burden is light.”

### **Day Four**

Hebrews 4:12-13 <sup>12</sup>For the word of God is living and active, sharper than any two-edged sword, piercing to the division of soul and spirit, of joints and marrow, and discerning the thoughts and intentions of the heart. <sup>13</sup>And before him no creature is hidden, but all are open and laid bare to the eyes of him with whom we have to do.

Isaiah 55:10-11 <sup>10</sup>“For as the rain and the snow come down from heaven, and return not thither but water the earth, making it bring forth and sprout, giving seed to the sower and bread to the eater, <sup>11</sup>so shall my word be that goes forth from my mouth; it shall not return to me empty, but it shall accomplish that which I purpose, and prosper in the thing for which I sent it.

1 Peter 1:23-24 <sup>23</sup>You have been born anew, not of perishable seed but of imperishable, through the living and abiding word of God; <sup>24</sup>for “All flesh is like grass and all its glory like the flower of grass. The grass withers, and the flower falls,

James 1:22-24 <sup>22</sup>But be doers of the word, and not hearers only, deceiving yourselves. <sup>23</sup>For if any one is a hearer of the word and not a doer, he is like a man who observes his natural face in a mirror; <sup>24</sup>for he observes himself and goes away and at once forgets what he was like.

### **Day Five**

Hebrews 4:14-16 <sup>14</sup>Since then we have a great high priest who has passed through the heavens, Jesus, the Son of God, let us hold fast our confession. <sup>15</sup>For we have not a high priest who is unable to sympathize with our weaknesses, but one who in every respect has been tempted as we are, yet without sin. <sup>16</sup>Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need.

2 Corinthians 12:9 <sup>9</sup>but he said to me, “My grace is sufficient for you, for my power is made perfect in weakness.” I will all the more gladly boast of my weaknesses, that the power of Christ may rest upon me.

Isaiah 6:1-5 In the year that King Uzzi'ah died I saw the Lord sitting upon a throne, high and lifted up; and his train filled the temple. <sup>2</sup>Above him stood the seraphim; each had six wings: with two he covered his face, and with two he covered his feet, and with two he flew. <sup>3</sup>And one called to another and said: “Holy, holy, holy is the LORD of hosts; the whole earth is full of his glory.” <sup>4</sup>And the foundations of the thresholds shook at the voice of him who called, and the house was filled with smoke. <sup>5</sup>And I said: “Woe is me! For I am lost; for I am a man of unclean lips, and I dwell in the midst of a people of unclean lips; for my eyes have seen the King, the LORD of hosts!”

Revelation 4:2-11 <sup>2</sup>At once I was in the Spirit, and lo, a throne stood in heaven, with one seated on the throne! <sup>3</sup>And he who sat there appeared like jasper and carnelian, and round the throne was a rainbow that looked like an emerald. <sup>4</sup>Round the throne were twenty-four thrones, and seated on the thrones were twenty-four elders, clad in white garments, with

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golden crowns upon their heads. <sup>5</sup> From the throne issue flashes of lightning, and voices and peals of thunder, and before the throne burn seven torches of fire, which are the seven spirits of God; <sup>6</sup> and before the throne there is as it were a sea of glass, like crystal.

And round the throne, on each side of the throne, are four living creatures, full of eyes in front and behind: <sup>7</sup> the first living creature like a lion, the second living creature like an ox, the third living creature with the face of a man, and the fourth living creature like a flying eagle. <sup>8</sup> And the four living creatures, each of

them with six wings, are full of eyes all round and within, and day and night they never cease to sing, “Holy, holy, holy, is the Lord God Almighty, who was and is and is to come!”

<sup>9</sup> And whenever the living creatures give glory and honor and thanks to him who is seated on the throne, who lives for ever and ever, <sup>10</sup> the twenty-four elders fall down before him who is seated on the throne and worship him who lives for ever and ever; they cast their crowns before the throne, singing, <sup>11</sup> “Worthy art thou, our Lord and God, to receive glory and honor and power, for thou didst create all things, and by thy will they existed and were created.”

### Verse Study

Romans 8:15

For you did not receive a spirit of slavery to fall back into fear, but you received a spirit of adoption, through which we cry, “Abba, Father!”

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## Grounded in Hope – Lesson 7

### Day One

Hebrews 5:1-3 <sup>5</sup> For every high priest chosen from among men is appointed to act on behalf of men in relation to God, to offer gifts and sacrifices for sins. <sup>2</sup> He can deal gently with the ignorant and wayward, since he himself is beset with weakness. <sup>3</sup> Because of this he is bound to offer sacrifice for his own sins as well as for those of the people.

Leviticus 9:8-9 <sup>8</sup> So Aaron drew near to the altar, and killed the calf of the sin offering, which was for himself. <sup>9</sup> And the sons of Aaron presented the blood to him, and he dipped his finger in the blood and put it on the horns of the altar, and poured out the blood at the base of the altar

1 Timothy 2:5 <sup>5</sup> For there is one God, and there is one mediator between God and men, the man Christ Jesus,

Hebrews 10:1-11 <sup>1</sup> For since the law has but a shadow of the good things to come instead of the true form of these realities, it can never, by the same sacrifices which are continually offered year after

year, make perfect those who draw near. <sup>2</sup> Otherwise, would they not have ceased to be offered? If the worshipers had once been cleansed, they would no longer have any consciousness of sin. <sup>3</sup> But in these sacrifices there is a reminder of sin year after year. <sup>4</sup> For it is impossible that the blood of bulls and goats should take away sins. <sup>5</sup> Consequently, when Christ came into the world, he said, “Sacrifices and offerings thou hast not desired, but a body hast thou prepared for me; <sup>6</sup> in burnt offerings and sin offerings thou hast taken no pleasure. <sup>7</sup> Then I said, ‘Lo, I have come to do thy will, O God,’ as it is written of me in the roll of the book.” <sup>8</sup> When he said above, “Thou hast neither desired nor taken pleasure in sacrifices and offerings and burnt offerings and sin offerings” (these are offered according to the law), <sup>9</sup> then he added, “Lo, I have come to do thy will.” He abolishes the first in order to establish the second. <sup>10</sup> And by that will we have been sanctified through the offering of the body of Jesus Christ once for all. <sup>11</sup> And every priest stands daily at his service, offering repeatedly the same sacrifices, which can never take away sins.



## Grounded in Hope – Lesson 7

### Day Two

Hebrews 5:4-6 <sup>4</sup> And one does not take the honor upon himself, but he is called by God, just as Aaron was. <sup>5</sup> So also Christ did not exalt himself to be made a high priest, but was appointed by him who said to him, “Thou art my Son, today I have begotten thee”; <sup>6</sup> as he says also in another place, “Thou art a priest forever, after the order of Melchizedek.”

Numbers 16:28-33 <sup>28</sup> And Moses said, “Hereby you shall know that the LORD has sent me to do all these works, and that it has not been of my own accord. <sup>29</sup> If these men die the common death of all men, or if they are visited by the fate of all men, then the LORD has not sent me. <sup>30</sup> But if the LORD creates something new, and the ground opens its mouth, and swallows them up, with all that belongs to them, and they go down alive into Sheol, then you shall know that these men have despised the LORD.” <sup>31</sup> And as he finished speaking all these words, the ground under them split asunder; <sup>32</sup> and the earth opened its mouth and swallowed them up, with their households and all the men that belonged to Korah and all their goods. <sup>33</sup> So they and all that belonged to them went down alive into Sheol; and the earth closed over them, and they perished from the midst of the assembly.

1 Samuel 13:10-14 <sup>10</sup> As soon as he had finished offering the burnt offering, behold, Samuel came; and Saul went out to meet him and salute him. <sup>11</sup> Samuel said, “What have you done?” And Saul said, “When I saw that the people were scattering from me, and that you did not come within the days appointed, and that the Philistines had mustered at Michmash, <sup>12</sup> I said, ‘Now the Philistines will come down upon me at Gilgal, and I have not entreated the favor of the LORD’; so I forced myself, and offered the burnt offering.” <sup>13</sup> And Samuel said to Saul, “You have done foolishly; you have not kept the commandment of the LORD your God, which he commanded you; for now the LORD would have established your kingdom over Israel for ever. <sup>14</sup> But now your kingdom shall not continue; the LORD has sought out a man after his own heart; and the LORD has appointed him to be

prince over his people, because you have not kept what the LORD commanded you.”

2 Chronicles 26:16-21 <sup>16</sup> But when he was strong he grew proud, to his destruction. For he was false to the LORD his God, and entered the temple of the LORD to burn incense on the altar of incense. <sup>17</sup> But Azari'ah the priest went in after him, with eighty priests of the LORD who were men of valor; <sup>18</sup> and they withstood King Uzzi'ah, and said to him, “It is not for you, Uzzi'ah, to burn incense to the LORD, but for the priests the sons of Aaron, who are consecrated to burn incense. Go out of the sanctuary; for you have done wrong, and it will bring you no honor from the LORD God.” <sup>19</sup> Then Uzzi'ah was angry. Now he had a censer in his hand to burn incense, and when he became angry with the priests leprosy broke out on his forehead, in the presence of the priests in the house of the LORD, by the altar of incense. <sup>20</sup> And Azari'ah the chief priest, and all the priests, looked at him, and behold, he was leprous in his forehead! And they thrust him out quickly, and he himself hastened to go out, because the LORD had smitten him. <sup>21</sup> And King Uzzi'ah was a leper to the day of his death, and being a leper dwelt in a separate house, for he was excluded from the house of the LORD. And Jotham his son was over the king's household, governing the people of the land.

Hebrews 5:5 So also Christ did not exalt himself to be made a high priest, but was appointed by him who said to him, “Thou art my Son, today I have begotten thee”;

John 8:54 Jesus answered, “If I glorify myself, my glory is nothing; it is my Father who glorifies me, of whom you say that he is your God.

Psalms 110:4 The LORD has sworn and will not change his mind, “You are a priest for ever after the order of Melchiz'edek.”

Genesis 14:18 And Melchiz'edek king of Salem brought out bread and wine; he was priest of God Most High.

## Grounded in Hope – Lesson 7

Jeremiah 29:11 For I know the plans I have for you, says the LORD, plans for welfare and not for evil, to give you a future and a hope.

### **Day Three**

Hebrews 5:7 In the days of his flesh, Jesus offered up prayers and supplications, with loud cries and tears, to him who was able to save him from death, and he was heard for his godly fear.

Luke 22:39-44 <sup>39</sup> And he came out, and went, as was his custom, to the Mount of Olives; and the disciples followed him. <sup>40</sup> And when he came to the place he said to them, “Pray that you may not enter into temptation.” <sup>41</sup> And he withdrew from them about a stone’s throw, and knelt down and prayed, <sup>42</sup> “Father, if thou art willing, remove this cup from me; nevertheless not my will, but thine, be done.

2 Corinthians 5:21 For our sake he made him to be sin who knew no sin, so that in him we might become the righteousness of God.

Hebrews 5:7 In the days of his flesh, Jesus offered up prayers and supplications, with loud cries and tears, to him who was able to save him from death, and he was heard for his godly fear.

### **Day Four**

Hebrews 5:8-10 <sup>8</sup> Although he was a Son, he learned obedience through what he suffered; <sup>9</sup> and being made perfect he became the source of eternal salvation to all who obey him, <sup>10</sup> being designated by God a high priest after the order of Melchizedek.

### **Day Five**

Hebrews 5:11-14 <sup>11</sup> About this we have much to say which is hard to explain, since you have become dull of hearing. <sup>12</sup> For though by this time you ought to be teachers, you need someone to teach you again the first principles of God’s word. You need milk, not solid food; <sup>13</sup> for everyone who lives on milk is unskilled in the word of righteousness, for he is a child. <sup>14</sup> But solid food is for the mature, for those who have their faculties trained by practice to distinguish good from evil.

1 Corinthians 3:1-4 <sup>1</sup> But I, brethren, could not address you as spiritual men, but as men of the flesh, as babes in Christ. <sup>2</sup> I fed you with milk, not solid food; for you were not ready for it; and even yet you are not ready, <sup>3</sup> for you are still of the flesh. For while there is jealousy and strife among you, are you not of the flesh, and behaving like ordinary men? <sup>4</sup> For when one says, “I belong to Paul,” and another, “I belong to Apollos,” are you not merely men?

### **Verse Study**

Philippians 1:9-10 <sup>9</sup> And it is my prayer that your love may abound more and more, with knowledge and all discernment, <sup>10</sup> so that you may approve what is excellent, and may be pure and blameless for the day of Christ

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## Grounded in Hope – Lesson 8

### **Day One**

Hebrews 6:1-3 <sup>6</sup> Therefore let us leave the elementary doctrines of Christ and go on to maturity, not laying again a foundation of repentance from dead works and of faith toward God, <sup>2</sup> with instruction about ablutions, the laying on of hands, the resurrection of the dead, and eternal judgment. <sup>3</sup> And this we will do if God permits.

James 2:17 So faith by itself, if it has no works, is dead.

John 14:16-17 <sup>16</sup> And I will pray the Father, and he will give you another Counselor, to be with you for ever, <sup>17</sup> even the Spirit of truth, whom the world cannot receive, because it neither sees him nor

## Grounded in Hope – Lesson 8

knows him; you know him, for he dwells with you, and will be in you.

Acts 1:8 But you shall receive power when the Holy Spirit has come upon you; and you shall be my witnesses in Jerusalem and in all Judea and Samar'ia and to the end of the earth.”

Romans 5:5 and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit who has been given to us.

2 Corinthians 3:17 Now the Lord is the Spirit, and where the Spirit of the Lord is, there is freedom.

Galatians 5:22-23 <sup>22</sup> But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, <sup>23</sup> gentleness, self-control; against such there is no law.

John 11:25 Jesus said to her, “I am the resurrection and the life; he who believes in me, though he die, yet shall he live,”

2 Corinthians 5:10 For we must all appear before the judgment seat of Christ, so that each one may receive good or evil, according to what he has done in the body.

### **Day Two**

Hebrews 6:4-8 <sup>4</sup> For it is impossible to restore again to repentance those who have once been enlightened, who have tasted the heavenly gift, and have become partakers of the Holy Spirit, <sup>5</sup> and have tasted the goodness of the word of God and the powers of the age to come, <sup>6</sup> if they then commit apostasy, since they crucify the Son of God on their own account and hold him up to contempt. <sup>7</sup> For land which has drunk the rain that often falls upon it, and brings forth vegetation useful to those for whose sake it is cultivated, receives a blessing from God. <sup>8</sup> But if it bears thorns and thistles, it is worthless and near to being cursed; its end is to be burned.

1 Peter 2:9 But you are a chosen race, a royal priesthood, a holy nation, God's own people, that you

may declare the wonderful deeds of him who called you out of darkness into his marvelous light.

Ephesians 1:18-19 <sup>18</sup> having the eyes of your hearts enlightened, that you may know what is the hope to which he has called you, what are the riches of his glorious inheritance in the saints, <sup>19</sup> and what is the immeasurable greatness of his power in us who believe, according to the working of his great might

Ephesians 3:16-19 <sup>16</sup> that according to the riches of his glory he may grant you to be strengthened with might through his Spirit in the inner man, <sup>17</sup> and that Christ may dwell in your hearts through faith; that you, being rooted and grounded in love, <sup>18</sup> may have power to comprehend with all the saints what is the breadth and length and height and depth, <sup>19</sup> and to know the love of Christ which surpasses knowledge, that you may be filled with all the fulness of God.

Mark 10:27 Jesus looked at them and said, “With men it is impossible, but not with God; for all things are possible with God.”

2 Peter 3:9 The Lord is not slow about his promise as some count slowness, but is forbearing toward you, not wishing that any should perish, but that all should reach repentance.

### **Day Three**

Hebrews 6:9-12 <sup>9</sup> Though we speak thus, yet in your case, beloved, we feel sure of better things that belong to salvation. <sup>10</sup> For God is not so unjust as to overlook your work and the love which you showed for his sake in serving the saints, as you still do. <sup>11</sup> And we desire each one of you to show the same earnestness in realizing the full assurance of hope until the end, <sup>12</sup> so that you may not be sluggish, but imitators of those who through faith and patience inherit the promises.

Hebrews 10:33-34 <sup>33</sup> sometimes being publicly exposed to abuse and affliction, and sometimes being partners with those so treated. <sup>34</sup> For you had compassion on the prisoners, and you joyfully accepted the plundering of your property, since you

## Grounded in Hope – Lesson 8

knew that you yourselves had a better possession and an abiding one.

Matthew 25:37-40 <sup>37</sup> Then the righteous will answer him, 'Lord, when did we see thee hungry and feed thee, or thirsty and give thee drink? 38 And when did we see thee a stranger and welcome thee, or naked and clothe thee? 39 And when did we see thee sick or in prison and visit thee?' 40 And the King will answer them, 'Truly, I say to you, as you did it to one of the least of these my brethren, you did it to me.'

Matthew 7:16-20 <sup>16</sup> You will know them by their fruits. Are grapes gathered from thorns, or figs from thistles? 17 So, every sound tree bears good fruit, but the bad tree bears evil fruit. 18 A sound tree cannot bear evil fruit, nor can a bad tree bear good fruit. 19 Every tree that does not bear good fruit is cut down and thrown into the fire. 20 Thus you will know them by their fruits.

Hebrews 6:11 And we desire each one of you to show the same earnestness in realizing the full assurance of hope until the end,

2 Timothy 4:6-8 <sup>6</sup> For I am already on the point of being sacrificed; the time of my departure has come. 7 I have fought the good fight, I have finished the race, I have kept the faith. 8 Henceforth there is laid up for me the crown of righteousness, which the Lord, the righteous judge, will award to me on that Day, and not only to me but also to all who have loved his appearing.

1 Corinthians 15:10 But by the grace of God I am what I am, and his grace toward me was not in vain. On the contrary, I worked harder than any of them, though it was not I, but the grace of God which is with me.

2 Corinthians 1:9 Why, we felt that we had received the sentence of death; but that was to make us rely not on ourselves but on God who raises the dead;

2 Corinthians 12:9-10 <sup>9</sup> but he said to me, "My grace is sufficient for you, for my power is made perfect in

weakness." I will all the more gladly boast of my weaknesses, that the power of Christ may rest upon me. 10 For the sake of Christ, then, I am content with weaknesses, insults, hardships, persecutions, and calamities; for when I am weak, then I am strong.

Hebrews 6:12 so that you may not be sluggish, but imitators of those who through faith and patience inherit the promises.

### **Day Four**

Hebrews 6:13-18 <sup>13</sup> For when God made a promise to Abraham, since he had no one greater by whom to swear, he swore by himself, 14 saying, "Surely I will bless you and multiply you." 15 And thus Abraham, having patiently endured, obtained the promise. 16 Men indeed swear by a greater than themselves, and in all their disputes an oath is final for confirmation. 17 So when God desired to show more convincingly to the heirs of the promise the unchangeable character of his purpose, he interposed with an oath, 18 so that through two unchangeable things, in which it is impossible that God should prove false, we who have fled for refuge might have strong encouragement to seize the hope set before us.

Genesis 15:9-10 <sup>9</sup> He said to him, "Bring me a heifer three years old, a she-goat three years old, a ram three years old, a turtledove, and a young pigeon." 10 And he brought him all these, cut them in two, and laid each half over against the other; but he did not cut the birds in two.

Genesis 15:17 When the sun had gone down and it was dark, behold, a smoking fire pot and a flaming torch passed between these pieces.

Hebrews 6:16 Men indeed swear by a greater than themselves, and in all their disputes an oath is final for confirmation.

Hebrews 6:18 so that through two unchangeable things, in which it is impossible that God should prove false, we who have fled for refuge might have strong encouragement to seize the hope set before us.

## Grounded in Hope – Lesson 8

Exodus 14:14 The LORD will fight for you, and you have only to be still.”

Isaiah 30:15 For thus said the Lord GOD, the Holy One of Israel, “In returning and rest you shall be saved; in quietness and in trust shall be your strength.”

Isaiah 43:1-2 But now thus says the LORD, he who created you, O Jacob, he who formed you, O Israel: “Fear not, for I have redeemed you; I have called you by name, you are mine. 2 When you pass through the waters I will be with you; and through the rivers, they shall not overwhelm you; when you walk through fire you shall not be burned, and the flame shall not consume you.

### **Day Five**

Hebrews 6:18-20 <sup>18</sup> so that through two unchangeable things, in which it is impossible that God should prove false, we who have fled for refuge might have strong encouragement to seize the hope set before us. <sup>19</sup> We have this as a sure and steadfast anchor of the soul, a hope that enters into the inner shrine behind the curtain, <sup>20</sup> where Jesus has gone as a forerunner on our behalf, having become a high priest for ever after the order of Melchizedek.

Psalms 139:7-10 <sup>7</sup> Whither shall I go from thy Spirit? Or whither shall I flee from thy presence? <sup>8</sup> If I ascend to heaven, thou art there! If I make my bed in Sheol, thou art there! <sup>9</sup> If I take the wings of the morning and dwell in the uttermost parts of the sea, <sup>10</sup> even there thy hand shall lead me, and thy right hand shall hold me.

Isaiah 41:10 Fear not, for I am with you, be not dismayed, for I am your God; I will strengthen you, I will help you, I will uphold you with my victorious right hand.

John 14:2-4 <sup>2</sup> In my Father’s house are many rooms; if it were not so, would I have told you that I go to prepare a place for you? <sup>3</sup> And when I go and prepare a place for you, I will come again and will take you to myself, that where I am you may be also. <sup>4</sup> And you know the way where I am going.

Romans 8:34 Who is to condemn? Is it Christ Jesus, who died, yes, who was raised from the dead, who is at the right hand of God, who indeed intercedes for us?

Hebrews 7:25 Consequently he is able for all time to save those who draw near to God through him, since he always lives to make intercession for them.

### **Verse Study**

Romans 15:13

May the God of hope fill you with all joy and peace in believing, so that by the power of the Holy Spirit you may abound in hope.

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## Grounded in Hope – Lesson 10

### **Day One**

Hebrews 7:1-10 <sup>7</sup> For this Melchizedek, king of Salem, priest of the Most High God, met Abraham returning from the slaughter of the kings and blessed him; <sup>2</sup> and to him Abraham apportioned a tenth part of everything. He is first, by translation of his name,

king of righteousness, and then he is also king of Salem, that is, king of peace. <sup>3</sup> He is without father or mother or genealogy, and has neither beginning of days nor end of life, but resembling the Son of God he continues a priest forever.

## Grounded in Hope – Lesson 10

4 See how great he is! Abraham the patriarch gave him a tithe of the spoils. 5 And those descendants of Levi who receive the priestly office have a commandment in the law to take tithes from the people, that is, from their brethren, though these also are descended from Abraham. 6 But this man who has not their genealogy received tithes from Abraham and blessed him who had the promises. 7 It is beyond dispute that the inferior is blessed by the superior. 8 Here tithes are received by mortal men; there, by one of whom it is testified that he lives. 9 One might even say that Levi himself, who receives tithes, paid tithes through Abraham, 10 for he was still in the loins of his ancestor when Melchizedek met him.

Psalms 76:3 There he broke the flashing arrows, the shield, the sword, and the weapons of war.

Genesis 14:17-20 <sup>17</sup> After his return from the defeat of Chedor-laomer and the kings who were with him, the king of Sodom went out to meet him at the Valley of Shaveh (that is, the King's Valley). 18 And Melchizedek king of Salem brought out bread and wine; he was priest of God Most High. 19 And he blessed him and said, "Blessed be Abram by God Most High, maker of heaven and earth; 20 and blessed be God Most High, who has delivered your enemies into your hand!" And Abram gave him a tenth of everything.

### **Day Two**

Hebrews 7:11-17 <sup>11</sup> Now if perfection had been attainable through the Levitical priesthood (for under it the people received the law), what further need would there have been for another priest to arise after the order of Melchizedek, rather than one named after the order of Aaron? 12 For when there is a change in the priesthood, there is necessarily a change in the law as well. 13 For the one of whom these things are spoken belonged to another tribe, from which no one has ever served at the altar. 14 For it is evident that our Lord was descended from Judah, and in connection with that tribe Moses said nothing about priests.

15 This becomes even more evident when another priest arises in the likeness of Melchizedek, 16 who has become a priest, not according to a legal

requirement concerning bodily descent but by the power of an indestructible life. 17 For it is witnessed of him, "Thou art a priest forever, after the order of Melchizedek."

Hebrews 8:10 This is the covenant that I will make with the house of Israel after those days, says the Lord: I will put my laws into their minds, and write them on their hearts, and I will be their God, and they shall be my people.

Matthew 1:1-16 <sup>1</sup> The book of the genealogy of Jesus Christ, the son of David, the son of Abraham. 2 Abraham was the father of Isaac, and Isaac the father of Jacob, and Jacob the father of Judah and his brothers, 3 and Judah the father of Perez and Zerah by Tamar, and Perez the father of Hezron, and Hezron the father of Ram, 4 and Ram the father of Amminadab, and Amminadab the father of Nahshon, and Nahshon the father of Salmon, 5 and Salmon the father of Boaz by Rahab, and Boaz the father of Obed by Ruth, and Obed the father of Jesse, 6 and Jesse the father of David the king. And David was the father of Solomon by the wife of Uriah, 7 and Solomon the father of Rehoboam, and Rehoboam the father of Abijah, and Abijah the father of Asa, 8 and Asa the father of Jehoshaphat, and Jehoshaphat the father of Joram, and Joram the father of Uzziah, 9 and Uzziah the father of Jotham, and Jotham the father of Ahaz, and Ahaz the father of Hezekiah, 10 and Hezekiah the father of Manasseh, and Manasseh the father of Amos, and Amos the father of Josiah, 11 and Josiah the father of Jechoniah and his brothers, at the time of the deportation to Babylon. 12 And after the deportation to Babylon: Jechoniah was the father of She-al'ti-el, and She-al'ti-el the father of Zerubbabel, 13 and Zerubbabel the father of Abi'ud, and Abi'ud the father of Eliakim, and Eliakim the father of Azor, 14 and Azor the father of Zadok, and Zadok the father of Achim, and Achim the father of Eliud, 15 and Eliud the father of Eleazar, and Eleazar the father of Matthan, and Matthan the father of Jacob, 16 and Jacob the father of Joseph the husband of Mary, of whom Jesus was born, who is called Christ.

## Grounded in Hope – Lesson 10

### **Day Three**

Hebrews 7:18-25 <sup>18</sup> On the one hand, a former commandment is set aside because of its weakness and uselessness <sup>19</sup> (for the law made nothing perfect); on the other hand, a better hope is introduced, through which we draw near to God. <sup>20</sup> And it was not without an oath. <sup>21</sup> Those who formerly became priests took their office without an oath, but this one was addressed with an oath, “The Lord has sworn and will not change his mind, ‘Thou art a priest forever.’” <sup>22</sup> This makes Jesus the surety of a better covenant. <sup>23</sup> The former priests were many in number, because they were prevented by death from continuing in office; <sup>24</sup> but he holds his priesthood permanently, because he continues for ever. <sup>25</sup> Consequently he is able for all time to save those who draw near to God through him, since he always lives to make intercession for them.

Act 4:12 And there is salvation in no one else, for there is no other name under heaven given among men by which we must be saved.”

2 Corinthians 5:21 For our sake he made him to be sin who knew no sin, so that in him we might become the righteousness of God.

### **Day Four**

Hebrews 7:25 Consequently he is able for all time to save those who draw near to God through him, since he always lives to make intercession for them.

Romans 6:23 For the wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord.

Romans 5:8 But God shows his love for us in that while we were yet sinners Christ died for us.

Romans 10:9-10, <sup>13</sup> <sup>9</sup> because, if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. <sup>10</sup> For man believes with his heart and so is justified, and he confesses with his lips and so is saved. <sup>13</sup> For, “everyone who calls upon the name of the Lord will be saved.”

Ephesians 2:8 For by grace you have been saved through faith; and this is not your own doing, it is the gift of God.

James 2:14-17 <sup>14</sup> What does it profit, my brethren, if a man says he has faith but has not works? Can his faith save him? <sup>15</sup> If a brother or sister is ill-clad and in lack of daily food, <sup>16</sup> and one of you says to them, “Go in peace, be warmed and filled,” without giving them the things needed for the body, what does it profit? <sup>17</sup> So faith by itself, if it has no works, is dead.

Romans 8:34 who is to condemn? Is it Christ Jesus, who died, yes, who was raised from the dead, who is at the right hand of God, who indeed intercedes for us?

Romans 8:35-39 <sup>35</sup> Who shall separate us from the love of Christ? Shall tribulation, or distress, or persecution, or famine, or nakedness, or peril, or sword? <sup>36</sup> As it is written, “For thy sake we are being killed all the day long; we are regarded as sheep to be slaughtered.” <sup>37</sup> No, in all these things we are more than conquerors through him who loved us. <sup>38</sup> For I am sure that neither death, nor life, nor angels, nor principalities, nor things present, nor things to come, nor powers, <sup>39</sup> nor height, nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord.

1 John 2:1 – 2 My little children, I am writing this to you so that you may not sin; but if anyone does sin, we have an advocate with the Father, Jesus Christ the righteous

### **Day Five**

Hebrews 7:26-28 <sup>26</sup> For it was fitting that we should have such a high priest, holy, blameless, unstained, separated from sinners, exalted above the heavens. <sup>27</sup> He has no need, like those high priests, to offer sacrifices daily, first for his own sins and then for those of the people; he did this once for all when he offered up himself. <sup>28</sup> Indeed, the law appoints men in their weakness as high priests, but the word of the oath, which came later



## Grounded in Hope – Lesson 10

than the law, appoints a Son who has been made perfect for ever.

1 John 1:9 If we confess our sins, he is faithful and just, and will forgive our sins and cleanse us from all unrighteousness.

1 Peter 2:19-24 <sup>19</sup>For one is approved if, mindful of God, he endures pain while suffering unjustly. <sup>20</sup>For what credit is it, if when you do wrong and are beaten for it you take it patiently? But if when you do right

and suffer for it you take it patiently, you have God's approval. <sup>21</sup>For to this you have been called, because Christ also suffered for you, leaving you an example, that you should follow in his steps. <sup>22</sup>He committed no sin; no guile was found on his lips. <sup>23</sup>When he was reviled, he did not revile in return; when he suffered, he did not threaten; but he trusted to him who judges justly. <sup>24</sup>He himself bore our sins in his body on the tree, that we might die to sin and live to righteousness. By his wounds you have been healed.

### **Verse Study**

2 Corinthians 4:17

For this momentary light affliction is producing for us an eternal weight of glory beyond all comparison.

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## Grounded in Hope – Lesson 11

### **Day One**

Hebrews 8:1-2 <sup>8</sup> Now the point in what we are saying is this: we have such a high priest, one who is seated at the right hand of the throne of the Majesty in heaven, <sup>2</sup> a minister in the sanctuary and the true tent which is set up not by man but by the Lord.

Romans 8:17 <sup>17</sup> and if children, then heirs, heirs of God and fellow heirs with Christ, provided we suffer with him in order that we may also be glorified with him.

2 Corinthians 5:17 Therefore, if any one is in Christ, he is a new creation; the old has passed away, behold, the new has come.

1 Thessalonians 5:5 For you are all sons of light and sons of the day; we are not of the night or of darkness.

1 Peter 2:9 But you are a chosen race, a royal priesthood, a holy nation, God's own people, that you may declare the wonderful deeds of him who called you out of darkness into his marvelous light.

2 Corinthians 4:16-18 <sup>16</sup> So we do not lose heart. Though our outer nature is wasting away, our inner

nature is being renewed every day. <sup>17</sup> For this slight momentary affliction is preparing for us an eternal weight of glory beyond all comparison, <sup>18</sup> because we look not to the things that are seen but to the things that are unseen; for the things that are seen are transient, but the things that are unseen are eternal.

### **Day Two**

Hebrews 8:3-4 <sup>3</sup> For every high priest is appointed to offer gifts and sacrifices; hence it is necessary for this priest also to have something to offer. <sup>4</sup> Now if he were on earth, he would not be a priest at all, since there are priests who offer gifts according to the law.

Leviticus 16:3 But thus shall Aaron come into the holy place: with a young bull for a sin offering and a ram for a burnt offering.

Leviticus 16:14-15 <sup>14</sup> and he shall take some of the blood of the bull, and sprinkle it with his finger on the front of the mercy seat, and before the mercy seat he shall sprinkle the blood with his finger seven times. <sup>15</sup> "Then he shall kill the goat of the sin offering which is for the people, and bring its blood within the veil, and do with its blood as he did with the blood of the

## Grounded in Hope – Lesson 11

bull, sprinkling it upon the mercy seat and before the mercy seat;

Hebrews 9:12 He entered once for all into the Holy Place, taking not the blood of goats and calves but his own blood, thus securing an eternal redemption.

Hebrews 10:10 And by that will we have been sanctified through the offering of the body of Jesus Christ once for all.

Leviticus 1:3 “If his offering is a burnt offering from the herd, he shall offer a male without blemish; he shall offer it at the door of the tent of meeting, that he may be accepted before the LORD;

Leviticus 1:4 He shall lay his hand upon the head of the burnt offering, and it shall be accepted for him to make atonement for him.

Leviticus 1:5 Then he shall kill the bull before the LORD; and Aaron’s sons the priests shall present the blood, and throw the blood round about against the altar that is at the door of the tent of meeting.

Leviticus 1:9b but its entrails and its legs he shall wash with water. And the priest shall burn the whole on the altar, as a burnt offering, an offering by fire, a pleasing odor to the LORD.

Hebrews 4:15 For we have not a high priest who is unable to sympathize with our weaknesses, but one who in every respect has been tempted as we are, yet without sinning.

2 Corinthians 5:21 For our sake he made him to be sin who knew no sin, so that in him we might become the righteousness of God.

1 Peter 1:18-19 <sup>18</sup> You know that you were ransomed from the futile ways inherited from your fathers, not with perishable things such as silver or gold, <sup>19</sup> but with the precious blood of Christ, like that of a lamb without blemish or spot.

John 13:1 Now before the feast of the Passover, when Jesus knew that his hour had come to depart

out of this world to the Father, having loved his own who were in the world, he loved them to the end.

John 6:32-35 <sup>32</sup> Jesus then said to them, “Truly, truly, I say to you, it was not Moses who gave you the bread from heaven; my Father gives you the true bread from heaven. <sup>33</sup> For the bread of God is that which comes down from heaven, and gives life to the world.” <sup>34</sup> They said to him, “Lord, give us this bread always.” <sup>35</sup> Jesus said to them, “I am the bread of life; he who comes to me shall not hunger, and he who believes in me shall never thirst.

John 12:24 Truly, truly, I say to you, unless a grain of wheat falls into the earth and dies, it remains alone; but if it dies, it bears much fruit.

Hebrews 13:15 Through him then let us continually offer up a sacrifice of praise to God, that is, the fruit of lips that acknowledge his name.

### **Day Three**

Hebrews 8:5-6 <sup>5</sup> They serve a copy and shadow of the heavenly sanctuary; for when Moses was about to erect the tent, he was instructed by God, saying, “See that you make everything according to the pattern which was shown you on the mountain.” <sup>6</sup> But as it is, Christ has obtained a ministry which is as much more excellent than the old as the covenant he mediates is better, since it is enacted on better promises.

Exodus 24:18 And Moses entered the cloud, and went up on the mountain. And Moses was on the mountain forty days and forty nights.

Galatians 3:13 Christ redeemed us from the curse of the law, having become a curse for us—for it is written, “Cursed be every one who hangs on a tree”

### **Day Four**

Hebrews 8:7-10 <sup>7</sup> For if that first covenant had been faultless, there would have been no occasion for a second.

<sup>8</sup> For he finds fault with them when he says: “The days will come, says the Lord, when I will establish a new covenant with the house of Israel and with the house of Judah; <sup>9</sup> not like the covenant that I

## Grounded in Hope – Lesson 11

made with their fathers on the day when I took them by the hand to lead them out of the land of Egypt; for they did not continue in my covenant, and so I paid no heed to them, says the Lord. 10 This is the covenant that I will make with the house of Israel after those days, says the Lord: I will put my laws into their minds, and write them on their hearts, and I will be their God, and they shall be my people.

Exodus 19:5-6 <sup>5</sup> Now therefore, if you will obey my voice and keep my covenant, you shall be my own possession among all peoples; for all the earth is mine, <sup>6</sup> and you shall be to me a kingdom of priests and a holy nation. These are the words which you shall speak to the children of Israel.”

Exodus 19:7-8 <sup>7</sup> So Moses came and called the elders of the people, and set before them all these words which the LORD had commanded him. <sup>8</sup> And all the people answered together and said, “All that the LORD has spoken we will do.” And Moses reported the words of the people to the LORD.

Jeremiah 31:32 not like the covenant which I made with their fathers when I took them by the hand to bring them out of the land of Egypt, my covenant which they broke, though I was their husband, says the LORD.

Hebrews 8:8 For he finds fault with them when he says: “The days will come, says the Lord, when I will establish a new covenant with the house of Israel and with the house of Judah;

Hebrews 8:9 not like the covenant that I made with their fathers on the day when I took them by the hand to lead them out of the land of Egypt; for they did not continue in my covenant, and so I paid no heed to them, says the Lord.

Isaiah 54:6-8 <sup>6</sup> For the LORD has called you like a wife forsaken and grieved in spirit, like a wife of youth when she is cast off, says your God. <sup>7</sup> For a brief moment I forsook you, but with great compassion I

will gather you. <sup>8</sup> In overflowing wrath for a moment I hid my face from you, but with everlasting love I will have compassion on you, says the LORD, your Redeemer.

Hebrews 8:10 This is the covenant that I will make with the house of Israel after those days, says the Lord: I will put my laws into their minds, and write them on their hearts, and I will be their God, and they shall be my people.

Ezekiel 36:26 A new heart I will give you, and a new spirit I will put within you; and I will take out of your flesh the heart of stone and give you a heart of flesh.

### **Day Five**

Hebrews 8:10-13 <sup>10</sup> This is the covenant that I will make with the house of Israel after those days, says the Lord:

I will put my laws into their minds, and write them on their hearts, and I will be their God, and they shall be my people. <sup>11</sup> And they shall not teach every one his fellow or every one his brother, saying, ‘Know the Lord,’ for all shall know me, from the least of them to the greatest. <sup>12</sup> For I will be merciful toward their iniquities, and I will remember their sins no more.” <sup>12</sup> In speaking of a new covenant he treats the first as obsolete. And what is becoming obsolete and growing old is ready to vanish away.

Micah 7:18-19 <sup>E</sup> Who is a God like thee, pardoning iniquity and passing over transgression for the remnant of his inheritance? He does not retain his anger for ever because he delights in steadfast love. <sup>19</sup> He will again have compassion upon us, he will tread our iniquities under foot. Thou wilt cast all our sins into the depths of the sea.

Ephesians 1:11 In him, according to the purpose of him who accomplishes all things according to the counsel of his will,

Luke 22:20 And likewise the cup after supper, saying, “This cup which is poured out for you is the new covenant in my blood.

## Grounded in Hope – Lesson 11

### **Verse Study**

Ezekiel 36:26-27

I will give you a new heart, and a new spirit I will put within you. I will remove the heart of stone from your flesh and give you a heart of flesh. I will put my spirit within you so that you walk in my statutes, observe my ordinances, and keep them.

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## Grounded in Hope – Lesson 12

### **Day One**

Hebrews 9:1-5 <sup>1</sup>Now even the first covenant had regulations for worship and an earthly sanctuary. <sup>2</sup>For a tent was prepared, the outer one, in which were the lampstand and the table and the bread of the Presence; it is called the Holy Place. <sup>3</sup>Behind the second curtain stood a tent called the Holy of Holies, <sup>4</sup>having the golden altar of incense and the ark of the covenant covered on all sides with gold, which contained a golden urn holding the manna, and Aaron's rod that budded, and the tables of the covenant; <sup>5</sup>above it were the cherubim of glory overshadowing the mercy seat. Of these things we cannot now speak in detail. <sup>6</sup>These preparations having thus been made, the priests go continually into the outer tent, performing their ritual duties; <sup>7</sup>but into the second only the high priest goes, and he but once a year, and not without taking blood which he offers for himself and for the errors of the people. <sup>8</sup>By this the Holy Spirit indicates that the way into the sanctuary is not yet opened as long as the outer tent is still standing <sup>9</sup>(which is symbolic for the present age). According to this arrangement, gifts and sacrifices are offered which cannot perfect the conscience of the worshiper, <sup>10</sup>but deal only with food and drink and various ablutions, regulations for the body imposed until the time of reformation. <sup>11</sup>But when Christ appeared as a high priest of the good things that have come, then through the greater and more perfect tent (not made with hands, that is, not of this creation) <sup>12</sup>he entered once for all into the Holy Place, taking not the blood of goats and calves but his own blood, thus securing an eternal redemption. <sup>13</sup>For if the sprinkling of defiled persons with the blood of goats and bulls and with the ashes of a heifer sanctifies for the purification of the flesh, <sup>14</sup>how much more shall the blood of Christ, who

through the eternal Spirit offered himself without blemish to God, purify your conscience from dead works to serve the living God. <sup>15</sup>Therefore he is the mediator of a new covenant, so that those who are called may receive the promised eternal inheritance, since a death has occurred which redeems them from the transgressions under the first covenant.

Leviticus 24:2-4 <sup>2</sup>“Command the people of Israel to bring you pure oil from beaten olives for the lamp, that a light may be kept burning continually. <sup>3</sup>Outside the veil of the testimony, in the tent of meeting, Aaron shall keep it in order from evening to morning before the LORD continually; it shall be a statute for ever throughout your generations. <sup>4</sup>He shall keep the lamps in order upon the lampstand of pure gold before the LORD continually.

Leviticus 24:8-9 <sup>8</sup>Every sabbath day Aaron shall set it in order before the LORD continually on behalf of the people of Israel as a covenant for ever. <sup>9</sup>And it shall be for Aaron and his sons, and they shall eat it in a holy place, since it is for him a most holy portion out of the offerings by fire to the LORD, a perpetual due.

2 Corinthians 3:18 And we all, with unveiled face, beholding the glory of the Lord, are being changed into his likeness from one degree of glory to another; for this comes from the Lord who is the Spirit.

Hebrews 9:3-4 <sup>3</sup>Behind the second curtain stood a tent called the Holy of Holies, <sup>4</sup>having the golden altar of incense and the ark of the covenant covered on all sides with gold, which contained a golden urn holding the manna, and Aaron's rod that budded, and the tables of the covenant

## Grounded in Hope – Lesson 12

Exodus 25:21-22 <sup>21</sup> And you shall put the mercy seat on the top of the ark; and in the ark you shall put the testimony that I shall give you. <sup>22</sup> There I will meet with you, and from above the mercy seat, from between the two cherubim that are upon the ark of the testimony, I will speak with you of all that I will give you in commandment for the people of Israel.

Hebrews 9:5 above it were the cherubim of glory overshadowing the mercy seat. Of these things we cannot now speak in detail.

Psalms 80:2 before Ephraim and Benjamin and Manasse! Stir up thy might and come to save us!

Psalms 99:1 The LORD reigns; let the people tremble! He sits enthroned upon the cherubim; let the earth quake!

### **Day Two**

Hebrews 9:6-10 <sup>6</sup> These preparations having thus been made, the priests go continually into the outer tent, [a] performing their ritual duties; <sup>7</sup> but into the second only the high priest goes, and he but once a year, and not without taking blood which he offers for himself and for the errors of the people. <sup>8</sup> By this the Holy Spirit indicates that the way into the sanctuary is not yet opened as long as the outer tent is still standing <sup>9</sup> (which is symbolic for the present age). According to this arrangement, gifts and sacrifices are offered which cannot perfect the conscience of the worshiper, <sup>10</sup> but deal only with food and drink and various ablutions, regulations for the body imposed until the time of reformation.

Exodus 27:20-21 <sup>20</sup> “And you shall command the people of Israel that they bring to you pure beaten olive oil for the light, that a lamp may be set up to burn continually. <sup>21</sup> In the tent of meeting, outside the veil which is before the testimony, Aaron and his sons shall tend it from evening to morning before the LORD. It shall be a statute for ever to be observed throughout their generations by the people of Israel.

Exodus 30:7-8 <sup>7</sup> And Aaron shall burn fragrant incense on it; every morning when he dresses the

lamps he shall burn it, <sup>8</sup> and when Aaron sets up the lamps in the evening, he shall burn it, a perpetual incense before the LORD throughout your generations.

Leviticus 24:8-9 <sup>8</sup> Every sabbath day Aaron shall set it in order before the LORD continually on behalf of the people of Israel as a covenant for ever. <sup>9</sup> And it shall be for Aaron and his sons, and they shall eat it in a holy place, since it is for him a most holy portion out of the offerings by fire to the LORD, a perpetual due.”

Hebrews 9:7 but into the second only the high priest goes, and he but once a year, and not without taking blood which he offers for himself and for the errors of the people.

Leviticus 16:1-4 <sup>1</sup> The LORD spoke to Moses, after the death of the two sons of Aaron, when they drew near before the LORD and died; <sup>2</sup> and the LORD said to Moses, “Tell Aaron your brother not to come at all times into the holy place within the veil, before the mercy seat which is upon the ark, lest he die; for I will appear in the cloud upon the mercy seat. <sup>3</sup> But thus shall Aaron come into the holy place: with a young bull for a sin offering and a ram for a burnt offering. <sup>4</sup> He shall put on the holy linen coat, and shall have the linen breeches on his body, be girded with the linen girdle, and wear the linen turban; these are the holy garments. He shall bathe his body in water, and then put them on.

Leviticus 16:11-15 <sup>11</sup> “Aaron shall present the bull as a sin offering for himself, and shall make atonement for himself and for his house; he shall kill the bull as a sin offering for himself. <sup>12</sup> And he shall take a censer full of coals of fire from the altar before the LORD, and two handfuls of sweet incense beaten small; and he shall bring it within the veil <sup>13</sup> and put the incense on the fire before the LORD, that the cloud of the incense may cover the mercy seat which is upon the testimony, lest he die; <sup>14</sup> and he shall take some of the blood of the bull, and sprinkle it with his finger on the front of the mercy seat, and before the mercy seat he shall sprinkle the blood with his finger seven times. <sup>15</sup> “Then he shall kill the goat of the sin offering which is for the people, and bring its blood

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within the veil, and do with its blood as he did with the blood of the bull, sprinkling it upon the mercy seat and before the mercy seat;

Leviticus 16:20-22 <sup>20</sup> “And when he has made an end of atoning for the holy place and the tent of meeting and the altar, he shall present the live goat; 21 and Aaron shall lay both his hands upon the head of the live goat, and confess over him all the iniquities of the people of Israel, and all their transgressions, all their sins; and he shall put them upon the head of the goat, and send him away into the wilderness by the hand of a man who is in readiness. 22 The goat shall bear all their iniquities upon him to a solitary land; and he shall let the goat go in the wilderness.

Hebrews 9:8 By this the Holy Spirit indicates that the way into the sanctuary is not yet opened as long as the outer tent is still standing

Hebrews 9:9-10 <sup>9</sup>This is symbol of the present age. According to this arrangement, gifts and sacrifices are offered which cannot perfect the conscience of the worshiper, 10 but deal only with food and drink and various ablutions, regulations for the body imposed until the time of reformation.

### **Day Three**

Hebrews 9:11-14 <sup>11</sup> But when Christ appeared as a high priest of the good things that have come, then through the greater and more perfect tent (not made with hands, that is, not of this creation) 12 he entered once for all into the Holy Place, taking not the blood of goats and calves but his own blood, thus securing an eternal redemption. 13 For if the sprinkling of defiled persons with the blood of goats and bulls and with the ashes of a heifer sanctifies for the purification of the flesh, 14 how much more shall the blood of Christ, who through the eternal Spirit offered himself without blemish to God, purify your conscience from dead works to serve the living God.

Exodus 26:33 And you shall hang the veil from the clasps, and bring the ark of the testimony in thither within the veil; and the veil shall separate for you the holy place from the most holy.

Exodus 26:31 “And you shall make a veil of blue and purple and scarlet stuff and fine twined linen; in skilled work shall it be made, with cherubim;

Hebrews 9:12 He entered once for all into the Holy Place, taking not the blood of goats and calves but his own blood, thus securing an eternal redemption.

Ephesians 1:7 In him we have redemption through his blood, the forgiveness of our trespasses, according to the riches of his grace

Hebrews 9:13 For if the sprinkling of defiled persons with the blood of goats and bulls and with the ashes of a heifer sanctifies for the purification of the flesh,

Hebrews 9:14 <sup>14</sup> how much more shall the blood of Christ, who through the eternal Spirit offered himself without blemish to God, purify your conscience from dead works to serve the living God.

### **Day Four**

Hebrews 9:15-22 <sup>15</sup> Therefore he is the mediator of a new covenant, so that those who are called may receive the promised eternal inheritance, since a death has occurred which redeems them from the transgressions under the first covenant. 16 For where a will is involved, the death of the one who made it must be established. 17 For a will takes effect only at death, since it is not in force as long as the one who made it is alive. 18 Hence even the first covenant was not ratified without blood. 19 For when every commandment of the law had been declared by Moses to all the people, he took the blood of calves and goats, with water and scarlet wool and hyssop, and sprinkled both the book itself and all the people, 20 saying, “This is the blood of the covenant which God commanded you.” 21 And in the same way he sprinkled with the blood both the tent and all the vessels used in worship. 22 Indeed, under the law almost everything is purified with blood, and without the shedding of blood there is no forgiveness of sins.

### **Day Five**

Hebrews 9:23-28 <sup>23</sup> Thus it was necessary for the copies of the heavenly things to be purified with these

## Grounded in Hope – Lesson 12

rites, but the heavenly things themselves with better sacrifices than these. 24 For Christ has entered, not into a sanctuary made with hands, a copy of the true one, but into heaven itself, now to appear in the presence of God on our behalf. 25 Nor was it to offer himself repeatedly, as the high priest enters the Holy Place yearly with blood not his own; 26 for then he would have had to suffer repeatedly since the foundation of the world. But as it is, he has appeared once for all at the end of the age to put away sin by the sacrifice of himself. 27 And just as it is appointed for men to die once, and after that comes judgment, 28 so Christ, having been offered once to bear the sins of many, will appear a second time, not to deal with sin but to save those who are eagerly waiting for him.

Romans 8:34 Who is to condemn? Is it Christ Jesus, who died, yes, who was raised from the dead, who is at the right hand of God, who indeed intercedes for us?

1 John 2:1 <sup>2</sup> My little children, I am writing this to you so that you may not sin; but if any one does sin, we have an advocate with the Father, Jesus Christ the righteous;

Acts 1:11 “Men of Galilee, why do you stand looking into heaven? This Jesus, who was taken up from you into heaven, will come in the same way as you saw him go into heaven.”

Acts 3:19-21 <sup>19</sup> Repent therefore, and turn again, that your sins may be blotted out, that times of refreshing may come from the presence of the Lord, <sup>20</sup> and that he may send the Christ appointed for you, Jesus, <sup>21</sup> whom heaven must receive until the time for establishing all that God spoke by the mouth of his holy prophets from of old.

1 Thessalonians 4:16 For the Lord himself will descend from heaven with a cry of command, with the archangel’s call, and with the sound of the trumpet of God. And the dead in Christ will rise first.

Matthew 24:30-31 <sup>30</sup> then will appear the sign of the Son of man in heaven, and then all the tribes of the earth will mourn, and they will see the Son of man coming on the clouds of heaven with power and great glory; <sup>31</sup> and he will send out his angels with a loud trumpet call, and they will gather his elect from the four winds, from one end of heaven to the other.

### Verse Study

1 Peter 1:18-19 <sup>18</sup> You know that you were ransomed from the futile ways inherited from your fathers, not with perishable things such as silver or gold, <sup>19</sup> but with the precious blood of Christ, like that of a lamb without blemish or spot.

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## Grounded in Hope – Lesson 14

### Day One

Hebrews 10:1-10 <sup>10</sup> For since the law has but a shadow of the good things to come instead of the true form of these realities, it can never, by the same sacrifices which are continually offered year after year, make perfect those who draw near.<sup>[a]</sup><sup>2</sup>

Otherwise, would they not have ceased to be offered? If the worshipers had once been cleansed, they would no longer have any consciousness of sin.<sup>3</sup> But in these sacrifices there is a reminder of sin year

after year. <sup>4</sup> For it is impossible that the blood of bulls and goats should take away sins.

<sup>5</sup> Consequently, when Christ<sup>[b]</sup> came into the world, he said,

“Sacrifices and offerings thou hast not desired, but a body hast thou prepared for me; <sup>6</sup> in burnt offerings and sin offerings thou hast taken no pleasure. <sup>7</sup> Then I said, ‘Lo, I have come to do thy will, O God,’ as it is written of me in the roll of the book.”

<sup>8</sup> When he said above, “Thou hast neither desired nor taken pleasure in sacrifices and offerings and burnt



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offerings and sin offerings” (these are offered according to the law),<sup>9</sup> then he added, “Lo, I have come to do thy will.” He abolishes the first in order to establish the second.<sup>10</sup> And by that will we have been sanctified through the offering of the body of Jesus Christ once for all.

Jeremiah 31:34<sup>34</sup> And no longer shall each man teach his neighbor and each his brother, saying, ‘Know the LORD,’ for they shall all know me, from the least of them to the greatest, says the LORD; for I will forgive their iniquity, and I will remember their sin no more.”

Isaiah 1:18<sup>18</sup> “Come now, let us reason together, says the LORD: though your sins are like scarlet, they shall be as white as snow; though they are red like crimson, they shall become like wool.

Isaiah 43:25<sup>25</sup> “I, I am He who blots out your transgressions for my own sake, and I will not remember your sins.

Psalms 103:12<sup>12</sup> as far as the east is from the west, so far does he remove our transgressions from us.

Psalms 40:7<sup>7</sup> Then I said, “Lo, I come; in the roll of the book it is written of me;

Psalms 40:9<sup>9</sup> I have told the glad news of deliverance in the great congregation; lo, I have not restrained my lips, as thou knowest, O LORD.

### **Day Two**

Hebrews 10:11-18<sup>11</sup> And every priest stands daily at his service, offering repeatedly the same sacrifices, which can never take away sins.<sup>12</sup> But when Christ<sup>[a]</sup> had offered for all time a single sacrifice for sins, he sat down at the right hand of God,<sup>13</sup> then to wait until his enemies should be made a stool for his feet.<sup>14</sup> For by a single offering he has perfected for all time those who are sanctified.<sup>15</sup> And the Holy Spirit also bears witness to us; for after saying,<sup>16</sup> “This is the covenant that I will make with them after those days, says the Lord: I will put my laws on their hearts,

and write them on their minds,”<sup>17</sup> then he adds, “I will remember their sins and their misdeeds no more.”<sup>18</sup> Where there is forgiveness of these, there is no longer any offering for sin.

John 17:4<sup>4</sup> I glorified thee on earth, having accomplished the work which thou gave me to do;

John 19:30<sup>30</sup> When Jesus had received the vinegar, he said, “It is finished”; and he bowed his head and gave up his spirit.

2 Peter 3:9<sup>9</sup> The Lord is not slow about his promise as some count slowness, but is forbearing toward you,<sup>[a]</sup> not wishing that any should perish, but that all should reach repentance.

Isaiah 30:18<sup>18</sup> Therefore the LORD waits to be gracious to you; therefore he exalts himself to show mercy to you.

For the LORD is a God of justice; blessed are all those who wait for him.

### **Day Three**

Hebrews 10:19-25<sup>19</sup> Therefore, brethren, since we have confidence to enter the sanctuary by the blood of Jesus,<sup>20</sup> by the new and living way which he opened for us through the curtain, that is, through his flesh,<sup>21</sup> and since we have a great priest over the house of God,<sup>22</sup> let us draw near with a true heart in full assurance of faith, with our hearts sprinkled clean from an evil conscience and our bodies washed with pure water.<sup>23</sup> Let us hold fast the confession of our hope without wavering, for he who promised is faithful;<sup>24</sup> and let us consider how to stir up one another to love and good works,<sup>25</sup> not neglecting to meet together, as is the habit of some, but encouraging one another, and all the more as you see the Day drawing near.

Matthew 27:51<sup>51</sup> And behold, the curtain of the temple was torn in two, from top to bottom; and the earth shook, and the rocks were split;

John 14:6<sup>6</sup> Jesus said to him, “I am the way, and the truth, and the life; no one comes to the Father, but by me.

## Grounded in Hope – Lesson 14

Titus 3:4-5 <sup>4</sup> but when the goodness and loving kindness of God our Savior appeared, <sup>5</sup> he saved us, not because of deeds done by us in righteousness, but in virtue of his own mercy, by the washing of regeneration and renewal in the Holy Spirit,

1 Thessalonians 5:24 <sup>24</sup> He who calls you is faithful, and he will do it.

2 Thessalonians 3:3 <sup>3</sup> But the Lord is faithful; he will strengthen you and guard you from evil.

Revelation 19:11 <sup>11</sup> Then I saw heaven opened, and behold, a white horse! He who sat upon it is called Faithful and True, and in righteousness he judges and makes war.

### **Day Four**

Hebrews 10:26-31 <sup>26</sup> For if we sin deliberately after receiving the knowledge of the truth, there no longer remains a sacrifice for sins, <sup>27</sup> but a fearful prospect of judgment, and a fury of fire which will consume the adversaries. <sup>28</sup> A man who has violated the law of Moses dies without mercy at the testimony of two or three witnesses. <sup>29</sup> How much worse punishment do you think will be deserved by the man who has spurned the Son of God, and profaned the blood of the covenant by which he was sanctified, and outraged the Spirit of grace? <sup>30</sup> For we know him who said, “Vengeance is mine, I will repay.” And again, “The Lord will judge his people.” <sup>31</sup> It is a fearful thing to fall into the hands of the living God.

2 Timothy 4:3-4 <sup>3</sup> For the time is coming when people will not endure sound teaching, but having itching ears they will accumulate for themselves teachers to suit their own likings, <sup>4</sup> and will turn away from listening to the truth and wander into myths.

James 5:16 <sup>16</sup> Therefore confess your sins to one another, and pray for one another, that you may be healed. The prayer of a righteous man has great power in its effects.

1 Peter 4:8 <sup>8</sup> Above all hold unfailing your love for one another, since love covers a multitude of sins.

### **Day Five**

Hebrews 10:32-39 <sup>32</sup> But recall the former days when, after you were enlightened, you endured a hard struggle with sufferings, <sup>33</sup> sometimes being publicly exposed to abuse and affliction, and sometimes being partners with those so treated. <sup>34</sup> For you had compassion on the prisoners, and you joyfully accepted the plundering of your property, since you knew that you yourselves had a better possession and an abiding one. <sup>35</sup> Therefore do not throw away your confidence, which has a great reward. <sup>36</sup> For you have need of endurance, so that you may do the will of God and receive what is promised. <sup>37</sup> “For yet a little while, and the coming one shall come and shall not tarry; <sup>38</sup> but my righteous one shall live by faith, and if he shrinks back, my soul has no pleasure in him.” <sup>39</sup> But we are not of those who shrink back and are destroyed, but of those who have faith and keep their souls.

2 Corinthians 4:17 <sup>17</sup> For this slight momentary affliction is preparing for us an eternal weight of glory beyond all comparison,

2 Corinthians 4:18 <sup>18</sup> because we look not to the things that are seen but to the things that are unseen; for the things that are seen are transient, but the things that are unseen are eternal.

Philippians 4:6-7 <sup>6</sup> Have no anxiety about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. <sup>7</sup> And the peace of God, which passes all understanding, will keep your hearts and your minds in Christ Jesus.

James 1:2-3 <sup>2</sup> Count it all joy, my brethren, when you meet various trials, <sup>3</sup> for you know that the testing of your faith produces steadfastness.

Matthew 16:27 <sup>27</sup> For the Son of man is to come with his angels in the glory of his Father, and then he will repay every man for what he has done.

## Grounded in Hope – Lesson 14

Revelations 22:12 <sup>12</sup>“Behold, I am coming soon, bringing my recompense, to repay everyone for what he has done.

2 Corinthians 12:9-10 <sup>9</sup>but he said to me, “My grace is sufficient for you, for my power is made perfect in weakness.” I will all the more gladly boast of my weaknesses, that the power of Christ may rest upon me. <sup>10</sup>For the sake of Christ, then, I am content with weaknesses, insults, hardships, persecutions,

and calamities; for when I am weak, then I am strong.

1 John 4:4 <sup>4</sup>Little children, you are of God, and have overcome them; for he who is in you is greater than he who is in the world.

Proverbs 3:5-6 <sup>5</sup>Trust in the LORD with all your heart, and do not rely on your own insight. <sup>6</sup>In all your ways acknowledge him, and he will make straight your paths.

### Verse Study

Proverbs 3:26 <sup>26</sup>for the LORD will be your confidence and will keep your foot from being caught.

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## Grounded in Hope – Lesson 15

### Day One

Hebrews 11:1-3 <sup>11</sup>Now faith is the assurance of things hoped for, the conviction of things not seen. <sup>2</sup>For by it the men of old received divine approval. <sup>3</sup>By faith we understand that the world was created by the word of God, so that what is seen was made out of things which do not appear.

Titus 2:13 <sup>13</sup>awaiting our blessed hope, the appearing of the glory of our great God and Savior Jesus Christ,

1 John 3:2-3 <sup>2</sup>Beloved, we are God’s children now; it does not yet appear what we shall be, but we know that when he appears we shall be like him, for we shall see him as he is. <sup>3</sup>And everyone who thus hopes in him purifies himself as he is pure.

2 Timothy 2:12 <sup>12</sup>if we endure, we shall also reign with him; if we deny him, he also will deny us;

Revelation 22:4-5 <sup>4</sup>they shall see his face, and his name shall be on their foreheads. <sup>5</sup>And night shall be no more; they need no light of lamp or sun, for the Lord God will be their light, and they shall reign for ever and ever.

### Day Two

Hebrews 11:4-12 <sup>4</sup>By faith Abel offered to God a more acceptable sacrifice than Cain, through which he received approval as righteous, God bearing witness by accepting his gifts; he died, but through his faith he is still speaking. <sup>5</sup>By faith Enoch was taken up so that he should not see death; and he was not found, because God had taken him. Now before he was taken he was attested as having pleased God. <sup>6</sup>And without faith it is impossible to please him. For whoever would draw near to God must believe that he exists and that he rewards those who seek him.<sup>[a]</sup><sup>7</sup>By faith Noah, being warned by God concerning events as yet unseen, took heed and constructed an ark for the saving of his household; by this he condemned the world and became an heir of the righteousness which comes by faith. <sup>8</sup>By faith Abraham obeyed when he was called to go out to a place which he was to receive as an inheritance; and he went out, not knowing where he was to go. <sup>9</sup>By faith he sojourned in the land of promise, as in a foreign land, living in tents with Isaac and Jacob, heirs with him of the same promise. <sup>10</sup>For he looked forward to the city which has foundations, whose builder and maker is God. <sup>11</sup>By faith Sarah herself received power to conceive, even when she was past the age, since she considered him faithful who had promised. <sup>12</sup>Therefore from one man, and

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him as good as dead, were born descendants as many as the stars of heaven and as the innumerable grains of sand by the seashore.

1 Samuel 16:7 <sup>7</sup>But the LORD said to Samuel, “Do not look on his appearance or on the height of his stature, because I have rejected him; for the LORD sees not as man sees; man looks on the outward appearance, but the LORD looks on the heart.”

Genesis 4:7 <sup>7</sup>If you do well, will you not be accepted? And if you do not do well, sin is couching at the door; its desire is for you, but you must master it.”

Genesis 5:24 <sup>24</sup>Enoch walked with God; and he was not, for God took him.

Hebrews 11:7 <sup>7</sup>By faith Noah, being warned by God concerning events as yet unseen, took heed and constructed an ark for the saving of his household; by this he condemned the world and became an heir of the righteousness which comes by faith.

1 Corinthians 4:10 <sup>10</sup>We are fools for Christ’s sake, but you are wise in Christ. We are weak, but you are strong. You are held in honor, but we in disrepute.

Hebrews 11:10 <sup>10</sup>For he looked forward to the city which has foundations, whose builder and maker is God.

### **Day Three**

Hebrews 11:13-22 <sup>13</sup>These all died in faith, not having received what was promised, but having seen it and greeted it from afar, and having acknowledged that they were strangers and exiles on the earth. <sup>14</sup>

For people who speak thus make it clear that they are seeking a homeland. <sup>15</sup>If they had been thinking of that land from which they had gone out, they would have had opportunity to return. <sup>16</sup>But as it is, they desire a better country, that is, a heavenly one. Therefore God is not ashamed to be called their God, for he has prepared for them a city.

<sup>17</sup>By faith Abraham, when he was tested, offered up Isaac, and he who had received the promises was ready to offer up his only son, <sup>18</sup>of whom it was said,

“Through Isaac shall your descendants be named.” <sup>19</sup>

He considered that God was able to raise men even from the dead; hence he did receive him back, and this was a symbol. <sup>20</sup>By faith Isaac invoked future blessings on Jacob and Esau. <sup>21</sup>By faith Jacob, when dying, blessed each of the sons of Joseph, bowing in worship over the head of his staff. <sup>22</sup>By faith Joseph, at the end of his life, made mention of the exodus of the Israelites and gave directions concerning his burial.

2 Timothy 4:7-8 <sup>7</sup>I have fought the good fight, I have finished the race, I have kept the faith. <sup>8</sup>Henceforth there is laid up for me the crown of righteousness, which the Lord, the righteous judge, will award to me on that Day, and not only to me but also to all who have loved his appearing.

Ephesians 2:19 <sup>19</sup>So then you are no longer strangers and sojourners, but you are fellow citizens with the saints and members of the household of God,

Philippians 3:20 <sup>20</sup>But our commonwealth is in heaven, and from it we await a Savior, the Lord Jesus Christ,

Genesis 15:5-6 <sup>5</sup>And he brought him outside and said, “Look toward heaven, and number the stars, if you are able to number them.” Then he said to him, “So shall your descendants be.” <sup>6</sup>And he believed the LORD; and he reckoned it to him as righteousness.

Genesis 22:5 <sup>5</sup>Then Abraham said to his young men, “Stay here with the ass; I and the lad will go yonder and worship, and come again to you.”

### **Day Four**

Hebrews 11:23-31 <sup>23</sup>By faith Moses, when he was born, was hid for three months by his parents, because they saw that the child was beautiful; and they were not afraid of the king’s edict. <sup>24</sup>By faith Moses, when he was grown up, refused to be called the son of Pharaoh’s daughter, <sup>25</sup>choosing rather to share ill-treatment with the people of God than to enjoy the fleeting pleasures of sin. <sup>26</sup>He considered abuse suffered for the Christ greater wealth than the treasures of Egypt, for he looked to the reward. <sup>27</sup>By

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faith he left Egypt, not being afraid of the anger of the king; for he endured as seeing him who is invisible.<sup>28</sup> By faith he kept the Passover and sprinkled the blood, so that the Destroyer of the first-born might not touch them.<sup>29</sup> By faith the people crossed the Red Sea as if on dry land; but the Egyptians, when they attempted to do the same, were drowned.<sup>30</sup> By faith the walls of Jericho fell down after they had been encircled for seven days.<sup>31</sup> By faith Rahab the harlot did not perish with those who were disobedient, because she had given friendly welcome to the spies.

Exodus 2:1-10<sup>2</sup> Now a man from the house of Levi went and took to wife a daughter of Levi.<sup>2</sup> The woman conceived and bore a son; and when she saw that he was a goodly child, she hid him three months.<sup>3</sup> And when she could hide him no longer she took for him a basket made of bulrushes, and daubed it with bitumen and pitch; and she put the child in it and placed it among the reeds at the river's brink.<sup>4</sup> And his sister stood at a distance, to know what would be done to him.<sup>5</sup> Now the daughter of Pharaoh came down to bathe at the river, and her maidens walked beside the river; she saw the basket among the reeds and sent her maid to fetch it.<sup>6</sup> When she opened it she saw the child; and lo, the babe was crying. She took pity on him and said, "This is one of the Hebrews' children."<sup>7</sup> Then his sister said to Pharaoh's daughter, "Shall I go and call you a nurse from the Hebrew women to nurse the child for you?"<sup>8</sup> And Pharaoh's daughter said to her, "Go." So the girl went and called the child's mother.<sup>9</sup> And Pharaoh's daughter said to her, "Take this child away, and nurse him for me, and I will give you your wages." So the woman took the child and nursed him.<sup>10</sup> And the child grew, and she brought him to Pharaoh's daughter, and he became her son; and she named him Moses,<sup>[a]</sup> for she said, "Because I drew him out<sup>[b]</sup> of the water."

Luke 10:19<sup>19</sup> Behold, I have given you authority to tread upon serpents and scorpions, and over all the power of the enemy; and nothing shall hurt you.

2 Timothy 1:7<sup>7</sup> for God did not give us a spirit of timidity but a spirit of power and love and self-control.

1 John 4:18<sup>18</sup> There is no fear in love, but perfect love casts out fear. For fear has to do with punishment, and he who fears is not perfected in love.

Psalms 78:72<sup>72</sup> With upright heart he tended them, and guided them with skillful hand.

Philippians 2:3-4<sup>3</sup> Do nothing from selfishness or conceit, but in humility count others better than yourselves.<sup>4</sup> Let each of you look not only to his own interests, but also to the interests of others.

1 Timothy 4:12<sup>12</sup> Let no one despise your youth, but set the believers an example in speech and conduct, in love, in faith, in purity.

Joshua 6:12-21<sup>12</sup> Then Joshua rose early in the morning, and the priests took up the ark of the LORD.<sup>13</sup> And the seven priests bearing the seven trumpets of rams' horns before the ark of the LORD passed on, blowing the trumpets continually; and the armed men went before them, and the rear guard came after the ark of the LORD, while the trumpets blew continually.<sup>14</sup> And the second day they marched around the city once, and returned into the camp. So they did for six days.<sup>15</sup> On the seventh day they rose early at the dawn of day, and marched around the city in the same manner seven times: it was only on that day that they marched around the city seven times.<sup>16</sup> And at the seventh time, when the priests had blown the trumpets, Joshua said to the people, "Shout; for the LORD has given you the city.<sup>17</sup> And the city and all that is within it shall be devoted to the LORD for destruction;<sup>[a]</sup> only Rahab the harlot and all who are with her in her house shall live, because she hid the messengers that we sent.<sup>18</sup> But you, keep yourselves from the things devoted to destruction, lest when you have devoted them you take any of the devoted things and make the camp of Israel a thing for destruction, and bring trouble upon it.<sup>19</sup> But all silver and gold, and vessels of bronze and iron, are sacred to the LORD; they shall go into the treasury of the LORD."<sup>20</sup> So the people shouted, and the trumpets were

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blown. As soon as the people heard the sound of the trumpet, the people raised a great shout, and the wall fell down flat, so that the people went up into the city, every man straight before him, and they took the city. <sup>21</sup>Then they utterly destroyed all in the city, both men and women, young and old, oxen, sheep, and asses, with the edge of the sword.

Joshua 5:13-15 <sup>13</sup>When Joshua was by Jericho, he lifted up his eyes and looked, and behold, a man stood before him with his drawn sword in his hand; and Joshua went to him and said to him, “Are you for us, or for our adversaries?” <sup>14</sup>And he said, “No; but as commander of the army of the LORD I have now come.” And Joshua fell on his face to the earth, and worshiped, and said to him, “What does my lord bid his servant?” <sup>15</sup>And the commander of the LORD’s army said to Joshua, “Put off your shoes from your feet; for the place where you stand is holy.” And Joshua did so.

Joshua 2:1-21 <sup>2</sup>And Joshua the son of Nun sent two men secretly from Shittim as spies, saying, “Go, view the land, especially Jericho.” And they went, and came into the house of a harlot whose name was Rahab, and lodged there. <sup>2</sup>And it was told the king of Jericho, “Behold, certain men of Israel have come here tonight to search out the land.” <sup>3</sup>Then the king of Jericho sent to Rahab, saying, “Bring forth the men that have come to you, who entered your house; for they have come to search out all the land.” <sup>4</sup>But the woman had taken the two men and hidden them; and she said, “True, men came to me, but I did not know where they came from; <sup>5</sup>and when the gate was to be closed, at dark, the men went out; where the men went I do not know; pursue them quickly, for you will overtake them.” <sup>6</sup>But she had brought them up to the roof, and hid them with the stalks of flax which she had laid in order on the roof. <sup>7</sup>So the men pursued after them on the way to the Jordan as far as the fords; and as soon as the pursuers had gone out, the gate was shut.

<sup>8</sup>Before they lay down, she came up to them on the roof, <sup>9</sup>and said to the men, “I know that the LORD has given you the land, and that the fear of you has fallen upon us, and that all the inhabitants of the land melt away before you. <sup>10</sup>For we have heard how the LORD

dried up the water of the Red Sea before you when you came out of Egypt, and what you did to the two kings of the Amorites that were beyond the Jordan, to Sihon and Og, whom you utterly destroyed. <sup>11</sup>And as soon as we heard it, our hearts melted, and there was no courage left in any man, because of you; for the LORD your God is he who is God in heaven above and on earth beneath. <sup>12</sup>Now then, swear to me by the LORD that as I have dealt kindly with you, you also will deal kindly with my father’s house, and give me a sure sign, <sup>13</sup>and save alive my father and mother, my brothers and sisters, and all who belong to them, and deliver our lives from death.” <sup>14</sup>And the men said to her, “Our life for ours! If you do not tell this business of ours, then we will deal kindly and faithfully with you when the LORD gives us the land.” <sup>15</sup>Then she let them down by a rope through the window, for her house was built into the city wall, so that she dwelt in the wall. <sup>16</sup>And she said to them, “Go into the hills, lest the pursuers meet you; and hide yourselves there three days, until the pursuers have returned; then afterward you may go your way.”

<sup>17</sup>The men said to her, “We will be guiltless with respect to this oath of yours which you have made us swear. <sup>18</sup>Behold, when we come into the land, you shall bind this scarlet cord in the window through which you let us down; and you shall gather into your house your father and mother, your brothers, and all your father’s household. <sup>19</sup>If any one goes out of the doors of your house into the street, his blood shall be upon his head, and we shall be guiltless; but if a hand is laid upon any one who is with you in the house, his blood shall be on our head. <sup>20</sup>But if you tell this business of ours, then we shall be guiltless with respect to your oath which you have made us swear.” <sup>21</sup>And she said, “According to your words, so be it.” Then she sent them away, and they departed; and she bound the scarlet cord in the window.

James 4:2 <sup>2</sup>You desire and do not have; so you kill. And you covet<sup>[a]</sup> and cannot obtain; so you fight and wage war. You do not have, because you do not ask.

### **Day Five**

Hebrews 11:32-40 <sup>32</sup>And what more shall I say? For time would fail me to tell of Gideon, Barak, Samson,

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Jephthah, of David and Samuel and the prophets—<sup>33</sup> who through faith conquered kingdoms, enforced justice, received promises, stopped the mouths of lions,<sup>34</sup> quenched raging fire, escaped the edge of the sword, won strength out of weakness, became mighty in war, put foreign armies to flight.<sup>35</sup> Women received their dead by resurrection. Some were tortured, refusing to accept release, that they might rise again to a better life.<sup>36</sup> Others suffered mocking and scourging, and even chains and imprisonment.<sup>37</sup> They were stoned, they were sawn in two,<sup>[a]</sup> they were killed with the sword; they went about in skins of sheep and goats, destitute, afflicted, ill-treated—<sup>38</sup> of whom the world was not worthy—wandering over deserts and mountains, and in dens and caves of the earth.

<sup>39</sup> And all these, though well attested by their faith, did not receive what was promised,<sup>40</sup> since God had foreseen something better for us, that apart from us they should not be made perfect.

2 Corinthians 12:8-9 <sup>8</sup> Three times I besought the Lord about this, that it should leave me; <sup>9</sup> but he said to me, “My grace is sufficient for you, for my power is made perfect in weakness.” I will all the more gladly boast of my weaknesses, that the power of Christ may rest upon me.

2 Maccabees 7:1-42 <sup>1</sup> It happened also that seven brothers and their mother were arrested and were being compelled by the king, under torture with whips and cords, to partake of unlawful swine’s flesh. <sup>2</sup> One of them, acting as their spokesman, said, “What do you intend to ask and learn from us? For we are ready to die rather than transgress the laws of our fathers.” <sup>3</sup> The king fell into a rage, and gave orders that pans and caldrons be heated. <sup>4</sup> These were heated immediately, and he commanded that the tongue of their spokesman be cut out and that they scalp him and cut off his hands and feet, while the rest of the brothers and the mother looked on. <sup>5</sup> When he was utterly helpless, the king<sup>[a]</sup> ordered them to take him to the fire, still breathing, and to fry him in a pan. The smoke from the pan spread widely, but the brothers<sup>[b]</sup> and their mother encouraged one another to die nobly, saying, <sup>6</sup> “The Lord God is watching over us and in truth has compassion on us,

as Moses declared in his song which bore witness against the people to their faces, when he said, ‘And he will have compassion on his servants.’”

<sup>7</sup> After the first brother had died in this way, they brought forward the second for their sport. They tore off the skin of his head with the hair, and asked him, “Will you eat rather than have your body punished limb by limb?” <sup>8</sup> He replied in the language of his fathers, and said to them, “No.” Therefore he in turn underwent tortures as the first brother had done. <sup>9</sup> And when he was at his last breath, he said, “You accursed wretch, you dismiss us from this present life, but the King of the universe will raise us up to an everlasting renewal of life,<sup>[c]</sup> because we have died for his laws.”

<sup>10</sup> After him, the third was the victim of their sport. When it was demanded, he quickly put out his tongue and courageously stretched forth his hands, <sup>11</sup> and said nobly, “I got these from Heaven, and because of his laws I disdain them, and from him I hope to get them back again.” <sup>12</sup> As a result the king himself and those with him were astonished at the young man’s spirit, for he regarded his sufferings as nothing.

<sup>13</sup> When he too had died, they maltreated and tortured the fourth in the same way. <sup>14</sup> And when he was near death, he said, “One cannot but choose to die at the hands of men and to cherish the hope that God gives of being raised again by him. But for you there will be no resurrection to life!”

<sup>15</sup> Next they brought forward the fifth and maltreated him. <sup>16</sup> But he looked at the king,<sup>[d]</sup> and said, “Because you have authority among men, mortal though you are, you do what you please. But do not think that God has forsaken our people. <sup>17</sup> Keep on, and see how his mighty power will torture you and your descendants!”

<sup>18</sup> After him they brought forward the sixth. And when he was about to die, he said, “Do not deceive yourself in vain. For we are suffering these things on our own account, because of our sins against our own God. Therefore<sup>[e]</sup> astounding things have happened. <sup>19</sup> But do not think that you will go unpunished for having tried to fight against God!” <sup>20</sup> The mother was especially admirable and worthy of honorable memory. Though she saw her seven sons perish within a single day, she bore it with good courage

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because of her hope in the Lord. <sup>21</sup> She encouraged each of them in the language of their fathers. Filled with a noble spirit, she fired her woman's reasoning with a man's courage, and said to them, <sup>22</sup> "I do not know how you came into being in my womb. It was not I who gave you life and breath, nor I who set in order the elements within each of you. <sup>23</sup> Therefore the Creator of the world, who shaped the beginning of man and devised the origin of all things, will in his mercy give life and breath back to you again, since you now forget yourselves for the sake of his laws."

<sup>24</sup> Anti'ochus felt that he was being treated with contempt, and he was suspicious of her reproachful tone. The youngest brother being still alive, Anti'ochus<sup>[i]</sup> not only appealed to him in words, but promised with oaths that he would make him rich and enviable if he would turn from the ways of his fathers, and that he would take him for his friend and entrust him with public affairs. <sup>25</sup> Since the young man would not listen to him at all, the king called the mother to him and urged her to advise the youth to save himself.

<sup>26</sup> After much urging on his part, she undertook to persuade her son. <sup>27</sup> But, leaning close to him, she spoke in their native tongue as follows, deriding the cruel tyrant: "My son, have pity on me. I carried you nine months in my womb, and nursed you for three years, and have reared you and brought you up to this point in your life, and have taken care of you.<sup>[g]</sup><sup>28</sup> I beseech you, my child, to look at the heaven and the earth and see everything that is in them, and recognize that God did not make them out of things that existed.<sup>[h]</sup> Thus also mankind comes into being.

<sup>29</sup> Do not fear this butcher but prove worthy of your brothers. Accept death, so that in God's mercy I may get you back again with your brothers." <sup>30</sup> While she

was still speaking, the young man said, "What are you waiting for? I will not obey the king's command, but I obey the command of the law that was given to our fathers through Moses. <sup>31</sup> But you who have contrived all sorts of evil against the Hebrews, will certainly not escape the hands of God. <sup>32</sup> For we are suffering because of our own sins. <sup>33</sup> And if our living Lord is angry for a little while, to rebuke and discipline us, he will again be reconciled with his own servants. <sup>34</sup> But you, unholy wretch, you most defiled of all men, do not be elated in vain and puffed up by uncertain hopes, when you raise your hand against the children of heaven. <sup>35</sup> You have not yet escaped the judgment of the almighty, all-seeing God. <sup>36</sup> For our brothers after enduring a brief suffering have drunk of everflowing life under God's covenant; but you, by the judgment of God, will receive just punishment for your arrogance. <sup>37</sup> I, like my brothers, give up body and life for the laws of our fathers, appealing to God to show mercy soon to our nation and by afflictions and plagues to make you confess that he alone is God, <sup>38</sup> and through me and my brothers to bring to an end the wrath of the Almighty which has justly fallen on our whole nation."

<sup>39</sup> The king fell into a rage, and handled him worse than the others, being exasperated at his scorn. <sup>40</sup> So he died in his integrity, putting his whole trust in the Lord. <sup>41</sup> Last of all, the mother died, after her sons. <sup>42</sup> Let this be enough, then, about the eating of sacrifices and the extreme tortures.

Revelation 2:10 <sup>10</sup> Do not fear what you are about to suffer. Behold, the devil is about to throw some of you into prison, that you may be tested, and for ten days<sup>[a]</sup> you will have tribulation. Be faithful unto death, and I will give you the crown of life.

### Verse Study

Romans 5:3-4 <sup>3</sup> More than that, we rejoice in our sufferings, knowing that suffering produces endurance, <sup>4</sup> and endurance produces character, and character produces hope

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## Grounded in Hope – Lesson 16

### Day One

Hebrews 12:1-4 <sup>12</sup> Therefore, since we are surrounded by so great a cloud of witnesses, let us



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also lay aside every weight, and sin which clings so closely, and let us run with perseverance the race that is set before us,<sup>[a]</sup><sup>2</sup> looking to Jesus the pioneer and perfecter of our faith, who for the joy that was set before him endured the cross, despising the shame, and is seated at the right hand of the throne of God.<sup>3</sup> Consider him who endured from sinners such hostility against himself, so that you may not grow weary or fainthearted.<sup>4</sup> In your struggle against sin you have not yet resisted to the point of shedding your blood.

Romans 13:12 <sup>12</sup>the night is far gone, the day is at hand. Let us then cast off the works of darkness and put on the armor of light;

Ephesians 4:22 <sup>22</sup>Put off your old nature which belongs to your former manner of life and is corrupt through deceitful lusts,

Ephesians 4:25 <sup>25</sup>Therefore, putting away falsehood, let every one speak the truth with his neighbor, for we are members one of another.

Colossians 3:8 <sup>8</sup>But now put them all away: anger, wrath, malice, slander, and foul talk from your mouth.

James 1:21 <sup>21</sup>Therefore put away all filthiness and rank growth of wickedness and receive with meekness the implanted word, which is able to save your souls.

1 Peter 2:1 <sup>2</sup>So put away all malice and all guile and insincerity and envy and all slander.

Philippians 3:8 <sup>8</sup>Indeed I count everything as loss because of the surpassing worth of knowing Christ Jesus my Lord. For his sake I have suffered the loss of all things, and count them as refuse, in order that I may gain Christ

### **Day Two**

Hebrews 12:5-13 <sup>5</sup>And have you forgotten the exhortation which addresses you as sons?—  
“My son, do not regard lightly the discipline of the Lord, nor lose courage when you are punished by him.<sup>6</sup> For the Lord disciplines him whom he

loves, and chastises every son whom he receives.”<sup>7</sup> It is for discipline that you have to endure. God is treating you as sons; for what son is there whom his father does not discipline?<sup>8</sup> If you are left without discipline, in which all have participated, then you are illegitimate children and not sons.<sup>9</sup> Besides this, we have had earthly fathers to discipline us and we respected them. Shall we not much more be subject to the Father of spirits and live?<sup>10</sup> For they disciplined us for a short time at their pleasure, but he disciplines us for our good, that we may share his holiness.<sup>11</sup> For the moment all discipline seems painful rather than pleasant; later it yields the peaceful fruit of righteousness to those who have been trained by it.<sup>12</sup> Therefore lift your drooping hands and strengthen your weak knees,<sup>13</sup> and make straight paths for your feet, so that what is lame may not be put out of joint but rather be healed.

Job 38:1-13 <sup>1</sup>Then the LORD answered Job out of the whirlwind:

<sup>2</sup>“Who is this that darkens counsel by words without knowledge?<sup>3</sup> Gird up your loins like a man, I will question you, and you shall declare to me.<sup>4</sup> “Where were you when I laid the foundation of the earth? Tell me, if you have understanding.<sup>5</sup> Who determined its measurements—surely you know! Or who stretched the line upon it?<sup>6</sup> On what were its bases sunk, or who laid its cornerstone,<sup>7</sup> when the morning stars sang together, and all the sons of God shouted for joy?<sup>8</sup> “Or who shut in the sea with doors, when it burst forth from the womb;<sup>9</sup> when I made clouds its garment, and thick darkness its swaddling band,<sup>10</sup> and prescribed bounds for it, and set bars and doors,<sup>11</sup> and said, ‘Thus far shall you come, and no farther, and here shall your proud waves be stayed’?<sup>12</sup> “Have you commanded the morning since your days began, and caused the dawn to know its place,<sup>13</sup> that it might take hold of the skirts of the earth, and the wicked be shaken out of it?

James 4:7 <sup>7</sup>Submit yourselves therefore to God. Resist the devil and he will flee from you.

Luke 22:42 <sup>42</sup>“Father, if thou art willing, remove this cup from me; nevertheless not my will, but thine, be done.”

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Romans 5:8 <sup>8</sup> But God shows his love for us in that while we were yet sinners Christ died for us.

Luke 10:25-28 <sup>25</sup> And behold, a lawyer stood up to put him to the test, saying, “Teacher, what shall I do to inherit eternal life?” <sup>26</sup> He said to him, “What is written in the law? How do you read?” <sup>27</sup> And he answered, “You shall love the Lord your God with all your heart, and with all your soul, and with all your strength, and with all your mind; and your neighbor as yourself.” <sup>28</sup> And he said to him, “You have answered right; do this, and you will live.”

Revelation 21:3-5 <sup>3</sup> and I heard a great voice from the throne saying, “Behold, the dwelling of God is with men. He will dwell with them, and they shall be his people,<sup>[a]</sup> and God himself will be with them;<sup>[b]</sup> <sup>4</sup> he will wipe away every tear from their eyes, and death shall be no more, neither shall there be mourning nor crying nor pain any more, for the former things have passed away.” <sup>5</sup> And he who sat upon the throne said, “Behold, I make all things new.” Also he said, “Write this, for these words are trustworthy and true.”

### **Day Three**

Hebrews 12:14-29 – <sup>14</sup> Strive for peace with all men, and for the holiness without which no one will see the Lord. <sup>15</sup> See to it that no one fail to obtain the grace of God; that no “root of bitterness” spring up and cause trouble, and by it the many become defiled; <sup>16</sup> that no one be immoral or irreligious like Esau, who sold his birthright for a single meal. <sup>17</sup> For you know that afterward, when he desired to inherit the blessing, he was rejected, for he found no chance to repent, though he sought it with tears. <sup>18</sup> For you have not come to what may be touched, a blazing fire, and darkness, and gloom, and a tempest, <sup>19</sup> and the sound of a trumpet, and a voice whose words made the hearers entreat that no further messages be spoken to them. <sup>20</sup> For they could not endure the order that was given, “If even a beast touches the mountain, it shall be stoned.” <sup>21</sup> Indeed, so terrifying was the sight that Moses said, “I tremble with fear.” <sup>22</sup> But you have come to Mount Zion and to the city of the living God, the heavenly Jerusalem, and

to innumerable angels in festal gathering, <sup>23</sup> and to the assembly<sup>[a]</sup> of the first-born who are enrolled in heaven, and to a judge who is God of all, and to the spirits of just men made perfect, <sup>24</sup> and to Jesus, the mediator of a new covenant, and to the sprinkled blood that speaks more graciously than the blood of Abel.

<sup>25</sup> See that you do not refuse him who is speaking. For if they did not escape when they refused him who warned them on earth, much less shall we escape if we reject him who warns from heaven. <sup>26</sup> His voice then shook the earth; but now he has promised, “Yet once more I will shake not only the earth but also the heaven.” <sup>27</sup> This phrase, “Yet once more,” indicates the removal of what is shaken, as of what has been made, in order that what cannot be shaken may remain. <sup>28</sup> Therefore let us be grateful for receiving a kingdom that cannot be shaken, and thus let us offer to God acceptable worship, with reverence and awe; <sup>29</sup> for our God is a consuming fire.

### **Day Four**

Hebrews 13:1-8 <sup>1</sup> Let brotherly love continue. <sup>2</sup> Do not neglect to show hospitality to strangers, for thereby some have entertained angels unawares. <sup>3</sup> Remember those who are in prison, as though in prison with them; and those who are ill-treated, since you also are in the body. <sup>4</sup> Let marriage be held in honor among all, and let the marriage bed be undefiled; for God will judge the immoral and adulterous. <sup>5</sup> Keep your life free from love of money, and be content with what you have; for he has said, “I will never fail you nor forsake you.” <sup>6</sup> Hence we can confidently say, “The Lord is my helper, I will not be afraid; what can man do to me?” <sup>7</sup> Remember your leaders, those who spoke to you the word of God; consider the outcome of their life, and imitate their faith. <sup>8</sup> Jesus Christ is the same yesterday and today and forever.

### **Day Five**

Hebrews 13:9-25 <sup>9</sup> Do not be led away by diverse and strange teachings; for it is well that the heart be strengthened by grace, not by foods, which have not benefited their adherents.<sup>[a]</sup> <sup>10</sup> We have an altar from which those who serve the tent<sup>[b]</sup> have no right to eat. <sup>11</sup> For the bodies of those animals whose blood is

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brought into the sanctuary by the high priest as a sacrifice for sin are burned outside the camp. <sup>12</sup>So Jesus also suffered outside the gate in order to sanctify the people through his own blood. <sup>13</sup> Therefore let us go forth to him outside the camp, bearing abuse for him. <sup>14</sup>For here we have no lasting city, but we seek the city which is to come. <sup>15</sup>Through him then let us continually offer up a sacrifice of praise to God, that is, the fruit of lips that acknowledge his name. <sup>16</sup>Do not neglect to do good and to share what you have, for such sacrifices are pleasing to God. <sup>17</sup>Obey your leaders and submit to them; for they are keeping watch over your souls, as men who will have to give account. Let them do this joyfully, and not sadly, for that would be of no advantage to you. <sup>18</sup>Pray for us, for we are sure that we have a clear conscience, desiring to act honorably in all things. <sup>19</sup>I urge you the more earnestly to do this in order that I may be restored to you the sooner. <sup>20</sup>

Now may the God of peace who brought again from the dead our Lord Jesus, the great shepherd of the sheep, by the blood of the eternal covenant, <sup>21</sup> equip you with everything good that you may do his will, working in you<sup>[d]</sup>that which is pleasing in his sight, through Jesus Christ; to whom be glory for ever and ever. Amen. <sup>22</sup>I appeal to you, brethren, bear with my word of exhortation, for I have written to you briefly. <sup>23</sup> You should understand that our brother Timothy has been released, with whom I shall see you if he comes soon. <sup>24</sup>Greet all your leaders and all the saints. Those who come from Italy send you greetings. <sup>25</sup> Grace be with all of you. Amen.

Ephesians 4:14 <sup>14</sup> so that we may no longer be children, tossed to and fro and carried about with every wind of doctrine, by the cunning of men, by their craftiness in deceitful wiles.

### **Verse Study**

1 Peter 1:22 <sup>22</sup> Having purified your souls by your obedience to the truth for a sincere love of the brethren, love one another earnestly from the heart.